

FREE - donations accepted.

Carnegie

NEWSLETTER



APRIL 1, 1989.

401 Main St., Vancouver, B.C. (604)665-2289

"Garbage Crisis Looms, Co-operation Needed"

Vancouver Courier

"High Cost of Garbage Rude Awakening for Throw Away Society"

The Globe & Mail

"Garbage Solution Sought - Recycling the Only Answer"

Aldergrove Star

"Report Calls for Savings with Mandatory Recycling"

Tri-City News

"Mayors Turning Up Heat for Regional Recycling"

Sunday News

GREATER VANCOUVER REGIONAL DISTRICT Recycling Public Meetings

By PAUL R TAYLOR

The promotion of these meetings is necessary because the entire story is not expected to be given by GVRD. Recycling can be done with up to 100% re-use of materials; stuff like paper, glass, metal, cans, plastics and styrofoam and organic refuse. Separating such substances at source on an individual basis, the need to do it, how it will be collected, how recycled, etc., will be the main thrust of the GVRD meetings.

On Sunday, 19 March, Hilda Beckwith (Lower Mainland Waste Management Coalition) and Lenore (Citizen's Action Network) gave a well-attended Town Hall meeting much of the information that the government emphatically does not give.

To begin, garbage is Big Business. What information they do give takes the form of porpaganda, the tip of the iceberg: 'We're doing our part'; 'more incinerators are needed'; 'Resource Recovery Plants are the best example of our efforts'; 'what's left over is totally unusable'; 'the emissions from incinerators are safe' and 'burning toxic waste isn't hazardous to public health'...and so on.

Hilda spoke at length on the findings of independent research; the facts that the promotion of the GVRD & Socred & NPA scheme tries to hide, gloss over or lie about:

1. Burning collected garbage releases over 100 different chemicals

(Cont.pg.13)

LETTERS

Letter to the Editor:

All British Columbians, and Vancouverites in particular, can take cold comfort in the knowledge that profits of Canadian Pacific Limited rose to \$774.5 million in 1988. (Real estate, forest products Canadian Pacific earnings - The Sun, March 14, 1989).

The clean up costs for contaminated soil and water at the old Expo site in False Creek are a legacy that taxpayers have been left as a reminder of C.P.'s past attitude towards stewardship of land.

It's time the provinces assigned retroactive responsibility to those who pollute our environment. We should demand full compensation from former landholders and their tenants, who continue to realize healthy profits while leaving their unhealthy waste for our disposal.

The principle of 'caveat emptor' must not be used as a mask in the face of such apparent risks to the public health.

Ken Lyotier

- for Downtown Eastside Parks
Planning Committee.

**READER
SPEAKS UP**

To the Editor:

I listened tonight to a Canadian naval officer loudly defending Canada's alliance with a country, our close neighbour, whose defense and

deterrence "policy" rests, in his stated understanding, fundamentally on first-strike nuclear capability. (This state has dropped the nuclear bomb on sleeping people.)

I read tonight as a front-page headline in the Vancouver Sun: "Slayings Revenge for Grounding", which topped its account of two teenagers plotting, planning, preparing for and carrying out a first-strike axe slaying of their foster parents! This story made me shudder with horror, as the statement of the naval officer made me shudder. The kids didn't like what their foster parents did: the naval officer's final authority - the US military - doesn't like what the USSR is doing!

Which one is the role model?

Which is the more inhuman..the kids or the naval officer's commanders?! If adults turn to nuclear weapons over disagreements, are kids going to cease turning to axes? Who is responsible? Who must make the judgement: NOT BY VIOLENCE.

That the allegedly responsible governing authorities on this continent can carry on unceasingly by a policy of "do it my way or else ...", underwritten by endless new generations of mass destruction weapons, has always stunned me with outrage and horror, bordering on disbelief.

Why? What values are more sacred than using technology to preserve the environment, enhance life, encourage creative solutions through negotiation? Why do contemporary kids resort to axe-killing of elders? The answer lies in the elders taking an honest look at themselves - particularly those in high and public office.

We, the "common people", cherish life: don't smash it.

By BEA FERNEYHAUGH



SPECIAL EVENT APRIL 9

Carnegie Centre

Eagle Feather AA Group

&

Carnegie Centre

ROUND - UP

10 am - 5 pm in the Theatre

- * Special Speakers
- * Door Prizes
- * Countdown

Dinner & Dance

5:30 - 10:00 pm

Dinner tickets are on sale Now
at the 2nd floor concession at

\$2.50 for a full meal!

Dance to the music of

"THE FABULOUS FABs!"

The Theme is:

Willingness to Change

Come and join the celebration!



MORNING SMUDGE CIRCLE

10:00 a.m. - 10:30 a.m.

In the Theatre - when available.
(on second floor on Weds - Thurs)

SMUDGE is burning of Sacred Plants
such as Sage, Cedar, Swift Grass to
purify body & mind.

Honour the Grand Father & Grand
Mothers of the Four Directions to
help your self & others for the day.

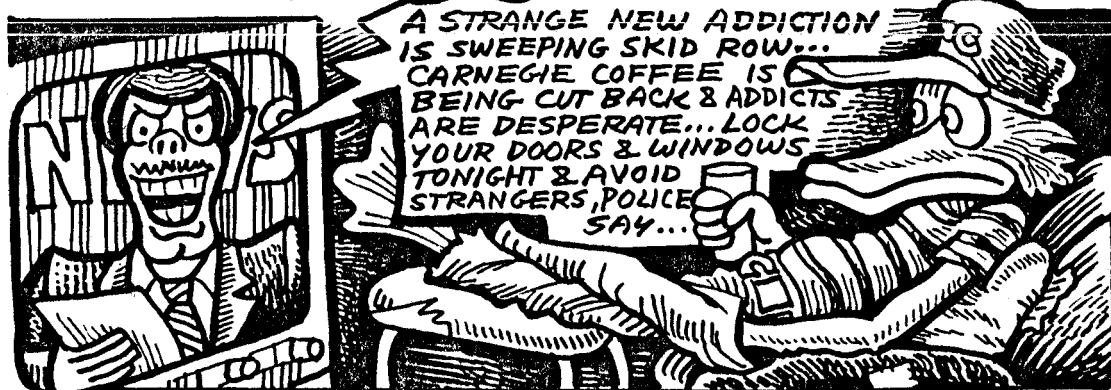
CRABTREE CORNER CALENDAR - for April, 1989.

- Apr. 4(Tues) - Single Mom's Support Group 1-3
- Apr. 5(Wed.) - Preventive Health Clinic 2-4
- Apr. 6(Thur) - Videos 1:00
- Apr. 7(Fri.) - AIDS Video; discussion 1-2:30
- Apr.11(Tues) - Employment Support Group 1:30
Single Moms 1:00
- Apr.12(Wed.) - Self-esteem Workshop 1:30-3:30
- Apr.13(Thur) - Videos 1:00
- Apr.14(Fri.) - Videos 1:00
- Apr.18(Tues) - Single Mom's Support Group 1-3
- Apr.19(Wed.) - Self-esteem Workshop 1:30-3:30
- Apr.20(Thur) - Videos 1:00
- Apr.21(Fri.) - Videos 1:00
- Apr.25(Tues) - Single Mom's Support Group 1-3
- Apr.27(Thur) - Videos 1:00

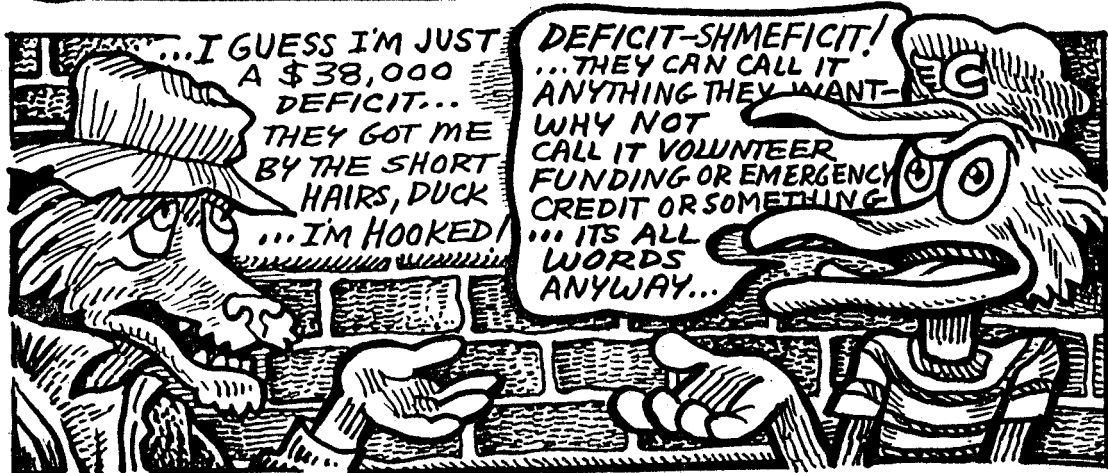


the
Duck
is BACK!

TOBA



A STRANGE NEW ADDICTION IS SWEEPING SKID ROW...
CARNEGIE COFFEE IS BEING CUT BACK & ADDICTS
ARE DESPERATE... LOCK YOUR DOORS & WINDOWS
TONIGHT & AVOID STRANGERS, POLICE
SAY...



... I GUESS I'M JUST
A \$38,000
DEFICIT...
THEY GOT ME
BY THE SHORT
HAIRS, DUCK
... I'M HOOKED!

DEFICIT-SHMEFICIT!
... THEY CAN CALL IT
ANYTHING THEY WANT-
WHY NOT
CALL IT VOLUNTEER
FUNDING OR EMERGENCY
CREDIT OR SOMETHING
... ITS ALL
WORDS
ANYWAY...

If the Carnegie book-keepers want to break even & wipe out the \$28,000 deficit City Hall charges them with, they will have to stop handing out coffee tickets for Volunteer work.

If a "Volunteer" gets paid, even one dollar, even one 35¢ ticket, technically, he/she is an underpaid employee, not a Volunteer, because capitalism, measuring all values in terms of money, will never give a sucker an even break.

In its definition of the word "Volunteer", the Concise Oxford Dictionary says, "A person who spontaneously undertakes a task. To offer one's services"...it doesn't mention money at all. In fact, it relates "Volunteer" to "voluntary military service" - which is paid wages directly out of government funds & is not considered a "deficit"

If you volunteer to kill people for the government you will be paid well for your voluntary efforts, no questions asked.

All these 35¢ tickets add up, the work gets done - but the government charges us with a "deficit"...If we would volunteer to go to foreign lands & kill people for the government - that would be honourable paid work, valued by capitalism, not a deficit... But since we're just doing our every day life support work that seems necessary at the time, we (Volunteers) are a liability - & our work has been defined by our elected representatives as a never-ending debt. This cruel & unusual attitude - where does it come from? Social Planning?...from the desk of the rich & successful Max Beck?... or does it just trickle down from bank managers & bookkeepers everywhere, who's purpose may be, as a psychological bottom line, to keep economic pressure on everyone & encourage feelings of inadequacy

wherever they can.

...more emotional, economic slavery for us all, represented, apparently innocently enough, by a simple reduction in coffee tickets.

TORA

VOLUNTEER TICKETS (II)

What you've just read gives a distorted picture so here's the facts:

1. The deficit in the kitchen comes from trading food&coffee for pieces of paper - volunteer tickets. Carnegie will continue giving these out to the people who give their time and energy. Last year the cost to the kitchen was \$28,000. City Hall gets statements that it cost \$28,000 to fund the Volunteer Program, but the kitchen then has to make \$28,000 surplus to break even.

2. Tickets are not being cut back.

The system for getting tickets is being applied to all volunteers; some positions are affected, not by a reduction, but by the volunteers having to get tickets the same way as all the rest of us.

3. Volunteers, as said above, are by "definition" unpaid, but here a volunteer does work in exchange for a lot more than 8 tickets. If you feel you're an "underpaid employee" then you aren't a volunteer at all.

4. The Association doesn't have anything to do with funding tickets. The kitchen has to bear the full cost all the time.

5. No conspiracy is afoot. If any business gives away all of its surplus it can't pay the bills. It can either stop giving away the profit or reduce unnecessary or wasteful expense so the giving doesn't have to stop. This is what the kitchen is doing. No volunteer is being cut off or cut back.

PAULR TAYLOR

reparation

I used to drive my mother to a v.a. clinic
in ohio
& oneday a guy was sitting in the waiting area
watching a pop machine repairman working
& the guy said:

"that machine ripped me off
for 40 cents
I'm tired of gettin ripped off

"I was in world war two
got shot in the ankle
got malaria
& a nervous breakdown
lost 48 men
& I'm tired of gettin ripped off

"my son was sent to vietnam
& he's got agent orange
& a baby that's retarded
& I'm tired of gettin ripped off
I'm tired of it"

& the repairman
gave him back
his 40 cents



POETRY BY

This is the beginning
This is the end
This is the middle
of the path we wend
This is the future
This is the past
This is the first
This is the last

Let me be granted the grace
to let love pass me by
so that in the spring
it shall come to be
in a way greater than before,
and last forever

Elizabeth Thorpe

Bud Osborn

THE CARNEGIE VOICE

The Carnegie Voice is everyone's choice
And it's widely read by the people
Who come here and then, they come back again
'Cause it's really a fine place to be.
As you see, if you CARE or ever would dare
Come to Hastings and Main
Through a downpouring rain.

In the Library you can take shelter
Newspapers and books and the finest of cooks
You may dine and relax
And save yourself tax.
Why my Grandmother used to come here
When I used to drink beer
In an old-fashioned bar for a dime
She's gone many years & I've had many beers
This is the bottom line

and the end of my time.

Don Hodgson





WHAT'S IN A CUP?

Disposable cups, plates, cutlery are all a normal part of our day. Mostly we don't even think about them, but lately a lot of concern has been raised about this type of material. It is called POLYSTYRENE and is made from petroleum by-products. It is light, cheap and can be adapted to make a dizzying variety of products that protect, hold water, insulate, float and fly. One very common use is to hold hot coffee.

Its popularity and usefulness has increased over the past few years to the point where in 1988, North American industry churned out 2.4 million metric tons of it. Almost half of this went to produce coffee cups, foam trays for supermarkets, hinged foam containers for fast food and other kinds of disposable products. Roughly 3,000 tons of polystyrene ends up in North American garbage cans every day - enough to make 900 million take out coffee cups which, loosely packed, would fill 100 75-storey office towers EVERY DAY!

One of the main problems with polystyrene foam is that there is no real way to dispose of it. In landfills plastic remains intact, inert, and will not biodegrade. Obviously we cannot continue to fill up garbage dumps with stuff that will never break down.

Recycling of this material has been slow to happen, and is only being considered because of the pressure of public opinion. If big corporations like McDonald's weren't afraid of public boycotts they wouldn't even look at this option. Only two polystyrene recycling centres are being

7
considered in North America. One of these is in a suburb of Boston and one is on Long Island, N.Y.

Plastics of all kinds are a big problem. In Seattle they must send their plastics all the way to Thailand to be recycled. The biggest problem with recycling any plastic has always been collecting and transporting the lightweight materials as well as sorting out the different varieties - these cannot be recycled if they get mixed together.

Apart from the fact that this material will not break down and will be with us for ever and ever, the process used to make these containers is damaging to the environment. CHLORO-FLOUR CARBONS are used to blow bubbles into the polystyrene foam to make the material light weight. This is the same material that is used in a number of different ways (refrigerators, etc.) that the world is trying to ban because it is destroying the ozone.

Once again we have to look at our daily habits. How many cups of coffee in one day do we drink with disposable cups? How many cups a day do we put in the garbage? How much of this garbage do we, at Carnegie, put out each day? These questions have been on the minds of the kitchen staff at Carnegie for a long time.

The good news is that real dishes that can be washed and re-used are on order for the kitchen. Just imagine drinking a cup of hot coffee out of a real coffee mug! When they arrive they will require a different mind frame on the part of the users. They will need to be carefully collected and returned to the kitchen. We, as a community, will need to take responsibility for looking after our 'real dishes'. Just think of it as protecting the space on our planet.

By MUGGS SIGURGEIRSON

POETRY
POETRY
POETRY

I never get mad, I get hostile;
I never feel sad, I get depressed;
If I sew or knit and enjoy it a bit
I'm not handy....I'm merely obsessed.

I never feel regret....I feel guilty,
And if I should vacuum the hall;
Wash the woodwork and such, and not mind it
too much
Am I tidy? Compulsive is all.

If I can't choose a hat, I have conflicts
With ambivalent feelings toward net.
I never get worried or nervous or hurried;
Anxiety, that's what I get.

If I'm happy, I must be euphoric;
If I go to the Stork Club or the Ritz
And have a good time making puns or a rhyme,
I'm a manic, or maybe a schiz.

If I think that a doorman was nasty,
I'm a paranoid, obviously;
And if I take a drink without stopping to think
Alcoholic - that's surely me.

If I tell you you're right, I'm submissive
Repressing aggressiveness too.
And when I disagree, I'm defensive, you see
and projecting my symptoms on you.

I love you....but that's just transference
With Oedipus rearing his head.
My breathing asthmatic is psychosomatic,
A fear of exclaiming "drop dead!"

I'm not lonely...I'm simply dependent.
My dog has no fleas, just a tic.
So if I seem a cad, never mind...just be glad
That I'm not a stinker...I'm sick.

Submitted by Tom Lewis

On a Train

I saw the whole world rushing by
The river of landscape flowed, surging.
In the roaring, hurrying clatter and sway,
In the quiet of your nearness
In the warmth of your present being
By me,
I was whole.

(1978) B. Ferneyhaugh

SHE LONGS..

Cries of unforgettable pain
Tears of unforgettable visions
She longs for them to vanish
Emotions of lost dreams
Obsession of finding the end
She longs for them to appear
Nights of sleeplessness
Days of dreaming
She longs for white magic
Endless miles walked
Cold nights she stands alone
She longs for no more
Fears of not knowing
Strangers she can't read
She longs for comfort and love
Illusion of age in her eyes
Younger she remains
She longs for her true look
She longs for comfort and love.

Alan King

Let the Feelings Flow

Let the feelings flow
Out the door they must go.

Or if you wish
I'll hand you a tish
Let the feelings flow
Out the door they must go.

Tell me what you feel
I don't want to be a heel
Let the feelings flow
Out the door they must go.

Do you feel sad,
Or are you stalking mad?
Let the feelings flow,
Out the door they must go.

Everyone has feelings to show
Some just don't let them go
Let the feelings flow
Out the door they must go.

Mary Cappell

BLACK DEATH IN ALASKA, 1989.

This week, in Tofino, rich American tourists are getting their annual cheap thrill off the migration of grey whales. B.C. entrepreneurs have been making money off it for years - but this year - in fact within the next 3 weeks, according to zoologists, the migration American tourists love so much will pass directly through the mouth of Prince William Sound where the whales will suddenly encounter North America's largest, thickest, blackest, deadliest oil spill.

The Exxon Corporation, one of America's leading environmental terrorists, has arranged this event. There will be no tourists present to witness what happens as their favourite friendly animals meet the American Dream head-on.

The Exxon Corporation has its lawyers on the case to ensure that the port of Valdez remains open so they can continue shipping oil non-stop through the spill area. They are also gearing up for the traditional corporate tactic of blaming the disaster on one employee.

As long ago as 1968, U.S. President Lyndon Johnson approved a "special contingency plan" to clean up supertanker spills, & the Canadian government also claimed to have emergency oilspill plans... Today, it's clear that neither government has ever had any procedure in place to effectively contain or clean up large spills.

Both governments have been quite satisfied to lie about it since 1968.

Within hours of the spill 15 fishermen volunteered their boats & crew to help clean it up, but Exxon officials at the scene refused their offer. An Exxon spokesman described their totally ineffective cleanup attempt as if it were a football game - he said: "We have advanced

from a goal-line stand during the first 36 hours, to being on the 10 yardline & ready to run with the ball!"

Debbie Payton, an American scientist on the scene, described the oil slick as resembling "chocolate mousse" - making it sound almost good enough to eat. In the last few days many birds, sea lions, sea otters & killer whales have been sighted swimming in the oil, but they won't last long. Local people say the oil fumes are overwhelming... Doris Lopez, a resident of Valdez, said, "Men are coming to town dizzy & sick to their stomachs when they've only been out there an hour."

In spite of this tragedy, Exxon's terrorism (business) on the high seas will continue. American citizens continue to demand that billions of barrels of crude oil be shipped to them every day - most of it by supertanker.

Governments & businesses have been working together to ensure that nothing slows down the delivery of supertanker oil. By saying they will pay people to clean it up, & putting as much blame as possible on individual employees, the giant, faceless, mindless Exxon Corporation avoids the responsibility & remains intact behind the scenes, planning further industrial terrorism against the natural world.

So far, the future of oil spill technology has only 2 major elements - pay the suckers to clean it up & blame the employees. We will see a lot more of this kind of activity in the future & not one Exxon executive will even say "I'm sorry"... Billions of incredibly beautiful living creatures are dying in agony & confusion, their amazing underwater environments poisoned forever.

from - Main & Hastings
Co-op Radio 102.7FM
Every 2nd Thurs., 4:30pm.

The Loner

he could be a stereotype
but his blood runs real;
he feels boxed in and
tied up in sterile ribbon
of systems and cards stacked
against the deck
but knows he must be human
'cause after all he likes music,
explores the written word
when he gets to see it
in long hours to do nothing
but sit around and outlast life;
he figured out I think, therefore I am,
a long long time ago y'see

Joanne Hamen

WHEN THE GREAT SPIRIT
BRINGS THE DAWN,
MAY HE BRING IT ALL
JUST FOR YOU.

Peter E.

The flower(s) of Liberty

What flower is this that greets the morn
Its hues from heaven so freshly born?
With burning star and flaming band
It kindles all the sunset lands;
O tell us what its name may be...
Is this the flower of liberty?
It is the banner of the free,
The starry flower of liberty!

D.W. Holmes

Thank God there are no free schools or printing;
... for learning has brought disobedience and heresy
into the world, and printing has divulged them. . . .
God keep us from both.

SIR WILLIAM BERKELEY
Governor of Virginia, d. 1677

NEED HELP ?

DERA can help you with:

- * any welfare problems
- * UIC problems
- * getting legal assistance
- * unsafe living conditions
in hotels or apartments
- * disputes with landlords
- * income tax



DERA is located at 9 East Hastings
or phone 682-0931.

DERA HAS BEEN SERVING THE DOWNTOWN EASTSIDE
FOR 15 YEARS

INDIGINEITY & YOU

In the order of things, you are strongest at your place of origin.

Like our brothers & sisters - the Plants, the Four-legged, the Wing'd, the Fishes...

Move to another location, we/they become weak.

From our weakness (the broken circle) we lose contact with our Mother Earth, our Grandmother, ...from the Spirit of our Ancestors.

Being roadless, we die off or disappear; or flourish at some artificial level to wreak poison & destruction upon Mother Earth, our Grandmother.

Many generations ago we were in touch - sloidly - with Mother Earth, our Grandmother.

We, the Red Nations, were in solid contact with Turtle Island.

We were the Keepers.

My Brothers, my Sisters - we are still the guardians of Turtle Island. We must do our Sacred Duties to protect Turtle Island, as our other Brothers & Sisters must do in other parts of Mother Earth - our Grandmother

Are we not named Indians by one of our visitors? The Whites, upon first seeing us & knowing us, called us "INDIOS", which says "In DIOS" which is to say "In GOD". For we were where we should be - in balance - People who are with God.

Indians - yes, we are well-named.

We were recognized as Indians. For that we were persecuted; many of our Brother Tribes destroyed. We carry the truth that does not go with ruthless peoples' unconcious drives. They attempt to clothe themselves with outer security because inner security is impossible in the face of such ruthlessness.

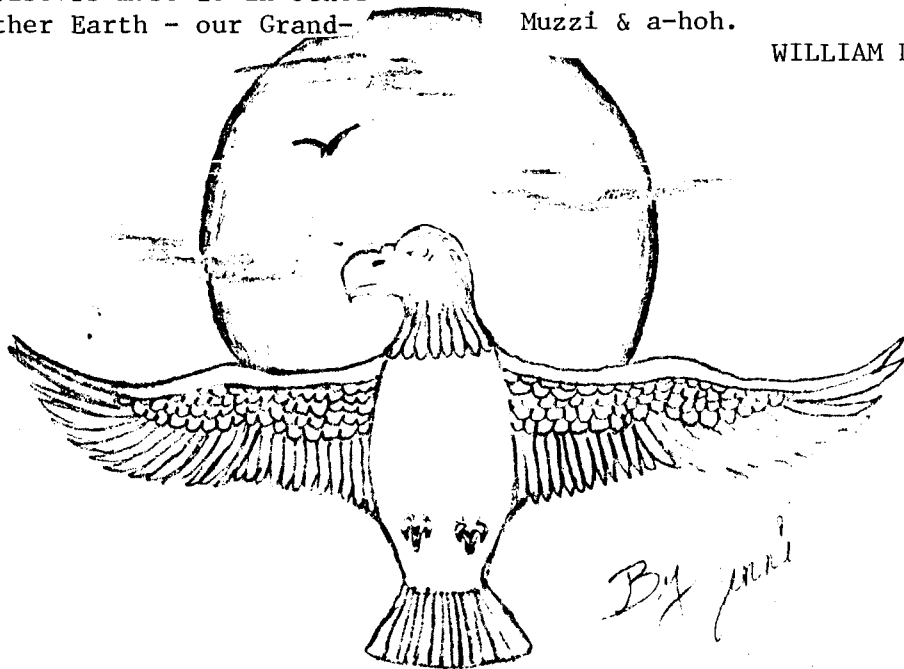
Whiteman's talking papers say that in 5 years, 500 of our indiginous plants will disappear.

Those plants are indispensible to Turtle Island and us; they do not have cities to run away to.

It's the same with the Four-legged & the Wing'd & the Fishes. They need praise, love and work from us.

We must each & every one unite on the Red Road to come to Sacred Circle. Muzzi & a-hoh.

WILLIAM DOMINIC



West End Vancouver

Sewers are overloaded
toxins abound each rainstorm from petrol vehicles
& house emissions flowing downward to the park sea
our feet/our shore/our animas/ our homes

- need graphics to show

Plans for Creative ecology
open to public ongoing
includes small areas
the old, young, poor,

Plans for saving greenland
all for breathing - 8

Plans for water purification
provided for drinking

Plans for licencing bus
community survey of w
of local workers' pro

Plans for no debt

Priorities list to be

progress available for public in all
neighbourhoods!

Renovations of existing buildings rather than new

GARBAGE/WASTE - graphics - area recipes for recycle

Clean Air car pools, bus access options

stop overcrowding, call more into service

Parks/Green space - stop spraying, let them breath

Arrest and your rights

You have the right:

1 To know the name or number of any Police Officer
you talk to.

2 To know the reason for your arrest.

3 To remain silent (what you say might be used
against you).

4 To phone a Courtworker or a member of your
family to arrange for a lawyer; or to phone a lawyer
yourself.

5 To appear before a Justice of the Peace in order to
determine if you should be released for trial,
within 24 hours of your arrest.

In the
time
it takes you
to read this
sentence,
three children
will die
needlessly.

OUR NEIGHBOURHOOD HERITAGE
KITCHENERS: 303-52-7024
4242-366-1808-1
N. West 4th St
Surrey

Is Your Pension Plan
Bankrolling Apartheid?

Helping Children
to Like
Themselves
Library Downtown
155.4

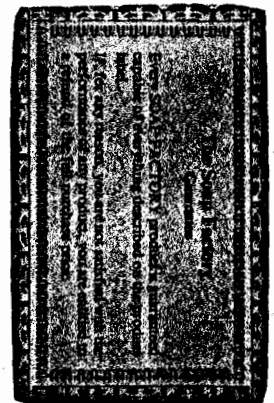
Dear Passenger:

The delays and crowding
you're experiencing with
B.C. Transit bus service
are not the fault of the
driver.

These problems
result from service cut-
backs approved by the
Transit Commission on the
advice of B.C. Transit.

Thank you,
Your driver
Please express your concerns
to:

The Hon. Rita Johnston
Minister Responsible for
Transit 590-1441



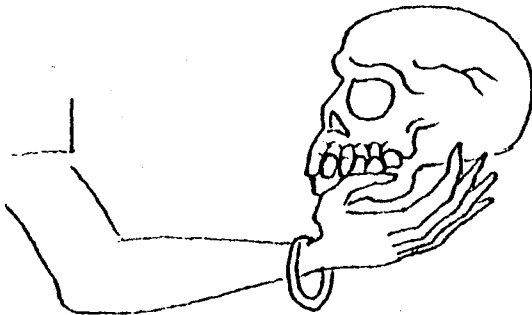
into the atmosphere. These chemicals include many that are toxic (poison) to plants, animals and people.

2. The level seen as "safe" is 50 tons a year of the most common chemicals released. The Burnaby incinerator, at a public cost of \$75 Million, releases 1,100 tons a year.
3. The air pollution and stench of this state-of-the-art smokestack is affecting people living miles from the site. "Some days you pray for the wind to change while staying indoors."
4. The incinerator is a private (business. Tax dollars (to us in higher rents) pay \$65/ton to have mixed garbage taken there, of which the company gets \$27 a ton in profit.
5. For every 4 tons of waste burned there is 1 ton of ash. This ash is highly toxic and is dumped into landfills, put in barrels and buried, etc. Leakage of this poison into ground water is common and the food chain is drastically affected.
6. Toxic waste cannot be safely disposed of using current methods. Burning makes "a landfill in the sky." It also produces/creates even more deadly toxins which cannot be controlled.
7. Solid and toxic wastes are processed to produce "fuel pellets", still concentrated poison, and then they are sold to other communities at a healthy profit. The polluting effect is increased proportionately.

8. Known poisons in toxic waste include PCBs and dioxins. Much information was released recently about the effects of PCBs. Dioxins are a deadly part of pulp & paper waste: dumped daily in offshore waters and totalling 90,000 tons a year. Dioxins are carcinogenic (cancer-causing) in people and animals. They also cause organ disfunction, skin disorders, damage to immune systems and birth defects. These substances are already part of the food chain, being ingested with plants contaminated with them. As one report states: "One litre of milk taken from a cow eating contaminated fodder will have the same amount of dioxins as you would get from breathing the air near an incinerator for eight months."

Lenore has been working with the Bonaparte Band near Cache Creek. The GVRD plans to use the site there to dump waste from Resource Recovery (or Resource Rip-off) Plants in Vancouver. "Rip-off" is precisely correct. We pay up to \$95 a ton to have waste taken to such a plant, where it's dumped on the floor and there is separation of the materials that are recyclible. The privately-owned operation promises to recover only 20% (tops) of the tonnage brought in. The rest, meaning the mixed up trash that no one separates at the source, will be trucked to landfill sites and dumped. The recovered materials are the property of the company and are sold at a clear profit. The rip-off is that most if not all of the garbage made by society can be recycled if separation occurs at source.

The City of Vancouver Council is proposing that only residential garbage need be separated at source, while the major producers of trash - corporations, hotels, apartment buildings, businesses - can continue to throw everything in one "can" to be hauled away as usual. We'll just pay



for it by way of frustration at having to suffer through another round of practiced stupidity. Lenore continued her caustic expose, citing common knowledge about the toxicity of industrial waste and the fact that commercial garbage, when put through the process of compression or burning, produces dozens of deadly chemicals all along the line.

Cache Creek residents, especially the Native Peoples who fish in the rivers, report catching salmon that actually glow in the dark, as a result of ingesting toxic waste that leeches into ground water from landfill.

Deadly radioactive leaks are widespread

Part of the growing nightmare is the involvement of Gemstar and Wastech. Wastech is responsible for convincing NPA aldermen that Seattle's Resource Recovery (again, Resource Rip-off) Plant deserves a twin in Vancouver, near Main & Terminal. They work along the same PR lines as Gemstar, the company that wants to create landfill and toxic waste dumps in the interior of B.C.. Gemstar is a subsidiary of the Bechtel Group, a California consortium heavily into the creation of toxic waste (via nuclear power plants (and the materials for nuclear weapons)) in the USA and Third World sites. They claim expertise in disposing of such waste, but the record shows this to be an obscene statement. Most if not all nuclear and toxic waste is hidden or dumped or put in containers that cannot retain this junk for the few hundred thousand years necessary until it's "safe". What they do is find out-of-the-way sites and "out-of-sight/out-of-mind" is their operating ideology.

The "out-of-the-way" sites... Indian reservations and tribal land.

Even if we never use the bomb again, with the continued production of nuclear weapons we are poisoning ourselves with radioactivity leaking into the earth, the water, and the air.

The Hanford Nuclear Reservation in southeast Washington State is one of the largest and oldest nuclear facilities. Hanford produced the plutonium for Trinity, the world's first nuclear bomb, and for thousands of nuclear weapons since.

■ Much of Hanford's 570 square miles has become thoroughly contaminated by radioactive and chemical waste. By 1982, 12 million cubic meters of the nuclear reservation's soil had become so contaminated with plutonium that the U.S. Department of Energy's (DOE) own guidelines required that the soil be transferred to an underground waste facility. Rather than dispose of the contaminated soil, the DOE raised by ten times its own guidelines for allowable plutonium concentrations in the soil. With the stroke of a pen, plutonium-contaminated waste became low-level waste, and plutonium continues to accumulate in Hanford's soil.

■ In 1984, a Washington State official estimated the amount of plutonium in Hanford's defense waste to be approximately 3,030 pounds. If a mere teaspoon of plutonium, about three ounces, were spread among the entire population of the earth, it would exceed the DOE's "permissible" lifetime body-burden limits for all five billion of us.

■ Radioactively and chemically contaminated ground water is seeping from the Hanford Reservation into the Columbia River. Although Hanford is 300 miles inland, by 1978 radioactivity from its plutonium reactors had been detected on the Pacific continental shelf from southern Canada to northern California.

■ Over the past four decades Hanford has released into the atmosphere over 1 million curies of thyroid-seeking iodine-131, a known carcinogen. Until this year, these releases were never announced to the American public. On December 2, 1949, Hanford officials intentionally released 5 thousand curies of iodine-131 in a "planned experiment," details of which are still being withheld. By comparison, the Three Mile Island accident released an estimated 15 curies.

■ An independent panel has studied Hanford's 23-year-old N-Reactor and concludes that "the similarities between Chernobyl and Hanford are substantial and make a Chernobyl-type accident at Hanford a distinct possibility, while the differences tend in general to make the N-Reactor more, rather than less, dangerous than its Soviet counterpart."

The silent, gradual radioactive contamination of the earth already threatens us with disease and potential genetic destruction - dangers that may, in the end, be as harmful as nuclear war itself.

These and many other facts about the Hanford Nuclear Reservation are being brought out and publicized by the Hanford Education Action League (HEAL), a group of research scientists, investigative reporters, and concerned citizens in Washington State.

HEAL is supported by the Peace Development Fund and the Pacific Peace Fund, public foundations that raise money and grant it to hundreds of citizen groups throughout the U.S. working for a safe and peaceful world. We urge you to become fully informed about all the risks of producing, deploying, and potentially using nuclear weapons, and we invite you to support the Funds' effort to bring the nuclear arms race to a halt. **You can help make a difference.**

For more information and suggestions for how you can help, please write:

B.C. HANFORD ACTION GROUP
% B. WILLIAMS
SPROULE CREEK RD., RR#2
NELSON, B.C. V1L 5P5

Community Learning Services
for a sustainable future.
1123 South Dyke Rd.
New Westminster, BC V3M 5A3
521-8052

The Cache Creek Peoples see this as another attempt at genocide, like the distribution of smallpox-laden blankets in the 19th and early 20th centuries. The horrible deaths, sickness, birth defects, disease and destruction suffered by anyone or thing living near these sites has been known and documented by independent researchers for years. Often the presence of such poisons is secret knowledge of the companies responsible for producing them.

...Love Canal?...the Expo lands...?!
Part of Gemstar's options include covering the deadly junk with a plastic liner and then just dumping soil on top. Nothing is done to remove it or stop it from leeching into ground water or exploding as forming gases combine.

The GVRD meetings promise to address little except asking us to be sure and wash bottles and cans. When the Resource Rip-off scheme was before Vancouver City Council no less than 22 delegations spoke against it, many raising the above concerns. The NPA majority carried the day with practiced stupidity: the people spoke uniformly against the whole plan, the engineers working for the companies ready to go ahead spoke for it and majority passing for aldermen got up and said: "The people have spoken, we've heard them, and we vote Yes!"

The future of life on our planet can either be beautiful or non-existent. Our personal support is essential to demand a referendum on the creation of any system that excludes the participation of the biggest garbage makers in waste disposal. The NPA majority on the Parks Board refused to establish a moratorium on the use of any part of the Expo lands for park space until the effects of the poisons buried there are known.

They, like their party-members on City Council, seem to have too many family and friend connections to the profits to be derived to act in the public's interest. Political honesty ...well, uh... you know...

By PAULR TAYLOR

The GVRD has retained consultants to prepare a regional material recycling program - give the consultants your ideas.

Wednesday	Apr. 5th	Kyle Centre
	7:30 p.m.	125 Kyle, Port Moody
Thursday	Apr. 6th	Silver Harbour Centre
	7:30 p.m.	144 East 22nd, North Van
Tuesday	Apr. 11th	Surrey Municipal Hall
	7:30 p.m.	14245 - 56th Ave., Surrey
Wednesday	Apr. 12th	Old Library - Maple
	7:30 p.m.	11963 Haney Place, Ridge
Monday	Apr. 17th	VanDusen Gardens
	7:30 p.m.	5251 Oak St., Vancouver
Tuesday	Apr. 18th	Bonsor Park Complex
	7:30 p.m.	6550 Bonsor Ave., Burnaby
Wednesday	Apr. 19th	Minoru Pavilion
	7:30 p.m.	7191 Granville Ave., Richmond
Thursday	Apr. 20th	Langley Civic Centre
	7:30 p.m.	20699 - 42nd Ave., Langley

For further information call the GVRD at 432-6200.

Printed on 100% recycled paper.

(Please Note: None of these meetings are anywhere near the site of the Resource Rip-off Plant or in the Downtown Eastside. Truth hurts.)

OBITUARY

Kermit Beahan

Dropped atom bomb on Nagasaki

Associated Press

HOUSTON

Kermit Beahan, 70, who dropped the atomic bomb on Nagasaki and said he wanted the distinction of being the last man ever to use the device on humans, died on Thursday after suffering cardiac arrest following prostate surgery.

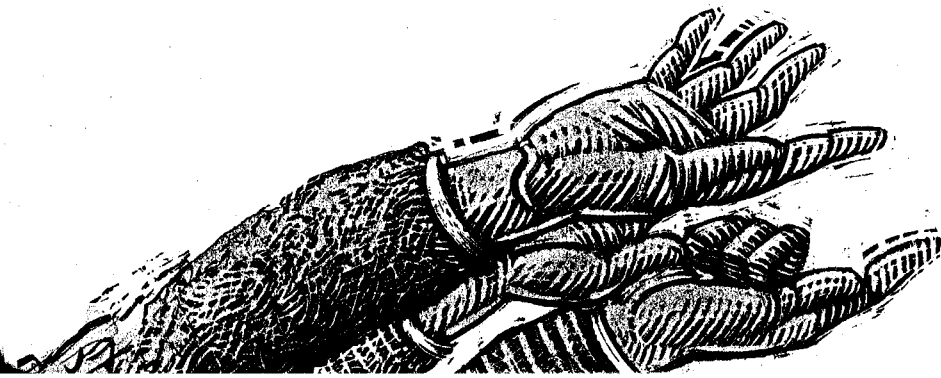
Mr. Beahan was the bombardier on the plane that dropped an atomic bomb on the Japanese city of Nagasaki on Aug. 9, 1945, killing an estimated 70,000 people.

"I saw a mushroom cloud bubbling and flashing orange, red and green," he recalled later in an interview with the Houston Chronicle. "It looked like a picture of hell. The ground itself was covered by a rolling black smoke. I was told the area would be destroyed, but I didn't know the meaning of an atomic bomb."

In 1985, on the fortieth anniversary of the city's destruction, he said he would never apologize for the bombing. He said 25 Japanese had sought him out a few years ago and told him the bombing was the "best way out of a hell of a mess."

But he said he hoped to be the last man ever to drop such a bomb on people.

Mr. Beahan also flew in 40 bombing missions in Europe.



American Joe
American apple pie

POETRY

Amerikis

Can Americans kiss?
Little baby American Joe.
American Joe he go home

Little baby American Joe
He not look American
He not look pure

He's mixed

Mixed very bad word
Mixed very bad thing to be

American Joe he happy in America

American Joe he married
American Joe marry the girl next door.
American Joe say now he us proud;
of his new child, his first born!!

Does not American Joe remember?
Maybe American Joe mean his first child
born in America.

American Joe's 1st born not born in America.
Little baby American Joe and his Moma
not very happy

Little baby American Joe's Moma could be better off

IF little baby american joe not here
not there
not no where

Little baby American Joe is mixed
which is
a bad word
not a good thing to be
Not a good thing for his Moma to have done
too bad
so sad
outch

American Joe - He happy in America
happy as apple pie!
But apple still has a worm in it

too bad
so sad

But worms have a lot of nutrition in them
!@#%&**()&**&ç% glad.

ANNABEL RING

Prairie Grass and Pussy Willows

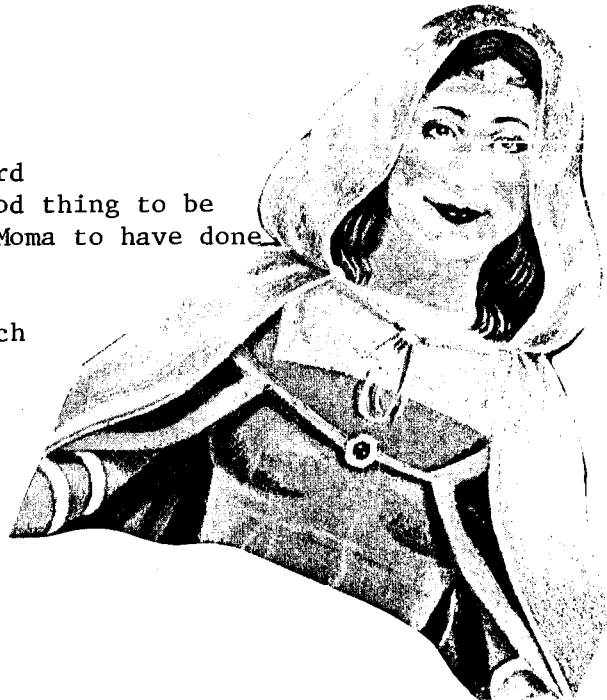
Prairie grass and pussy willows -
Bring memories fond and dear,
of how friends helped each other
In the days of the pioneer.

When they called on neighbours
They were greeted with a smile,
And they did enjoy themselves
As they visited awhile.

With the help of neighbours
Their hardships were defied;
Now the country is developed
And their pride is justified.

They suffered the bitter winters,
And toiled under the summer sun.
Now as we see this beautiful country,
We honour the work they've done.

Irene Schmidt



CULTURAL GATHERING

"I am free to send my love into the universe, to attract to me only those people and those opportunities which will best allow me to express my love, my wisdom, my talents and my abilities and my freedom to be me."

The second monthly Cultural Gathering was held in the Theatre on March 12th from 6-9:30. A small crew including Fred Arrance, John Johnson, War Dance, Keith, Gail and Irene made sure that there was plenty of chili and bannock for everyone.

The evening began with a special song and prayer by Elder Mary Illsick. She stressed the need for Elders to continue teaching children about their culture.

Arrows to Freedom was the host drum; their name meaning that they are free from alcohol and drugs. Red Mountain drum group from Mission and the Spirit Bluff drum group were also in attendance. War Dance and Frank Superheault were the MC's and great cheers arose when War Dance won the eagle painting done by an artist in this Centre. All animals are sacred but the eagle is the most revered of all animals.

Kelly White spoke of the struggle still going on to free Leonard Pelletier. This issue will be brought up in parliament along with the treatment of natives by police in North America.

If you'd like more information on the cultural sharings and gatherings contact Alicia Lawrence at Carnegie.

- Irene Schmidt

MAYWORKS

The Second Annual MayWorks Festival: A Celebration of Culture and Working Life will be on the job this May 1st through 7th with a full shift of events featuring art in the Workplace.

Some of this year's MayWorks highlights to watch for include a Power Play production with Headlines Theatre and the Clerical Workers Health and Safety Project.

Busdrivers will be entertained by local writer and performance artist Nora Randall's reading of "Mavis and the Chicken Yard" - the comedic story of two bus-driving sisters, one of whom gets promoted to management.

Concerts on Vancouver's waterfront docks, performances on construction sites, visual art shows in union halls and poetry readings during workers' lunch-hour are also planned.

The Festival will close on a strong note with a concert at the Maritime Labour Centre Saturday, May 6th, and a final presentation at the Vancouver East Cultural Centre, Sunday evening May 7th, featuring some of B.C.'s best known musicians in their least likely roles - as labour balladeers.

Volunteers are needed for many aspects of this Festival's production. MayWorks offers free event passes in return. Please call the MayWorks Festival Office at 324-8821 for more information on events or volunteering.

Last year's MayWorks Festival attracted over 4,000 people and ended in the black, with over two-thirds of the budget going to pay artists for their participation.

See you at MayWorks, May 1-7, 1989, where the Arts, including the Art of Work, are celebrated!



... BROADWAY & COMMERCIAL DRIVE REDEVELOPMENT, ABOVE HAZARDOUS-CARGO RAILTRACKS.

There you are, sitting and having a tall, cool one. Nice breeze too. You're sitting above hazardous cargo carrying railtracks, however...

Beneath you are two floors of parking and two floors of luxury retail stores, then an open-air mall. But, you're still sipping a tall, cool one at Broadway & Commercial Drive a couple of hundred feet above the Grandview cut rail-line.

What are the Burlington Northern rail boys moving along the old line today? Mostly 60 foot long railcars of gasoline. Also they boogie along with propane and anhydrous ammonia toxic gas, chlorine, and even artillery shells.

Now Intercon Co. wants to buy the air-rights above hazardous cargo tracks and put up buildings. Other than the luxury retail stores there would be an 18-storey high-rent apartment and an 8-storey office tower - all above these tracks.

The tunnel there is 225 feet long and over 300 innocent people would be in it in vehicles at any given time. If there were an explosion in the tunnel the walls would produce

intense shock waves, crushing & flinging cars. Fire, heat & toxic chemicals would make any rescue impossible, according to Vancouver's Fire Chief. (A deluge water system would turn the floor of the tunnel into a towering inferno of water & chems.) Here's what city managers said about exploding railcars: 1) there's an immediate "fire-ball" for 1,000 feet (3 blocks); 2) there's "heavy impact" for 1 mile; and 3) windows are blown out for 3 miles.

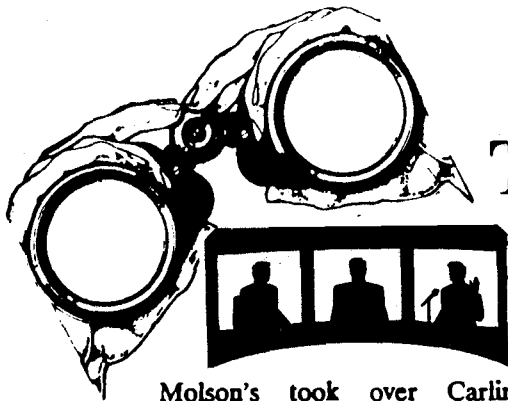
The safety checking of railcars for leaks has decreased to about once a month when what's needed is every car, every day. It's an explosive situation.

At peak hours (6am & 6pm) there are 15,000 people within the "heavy impact" area around Broadway & Commercial and contrary to reports, the safety of rail cargo is decreasing. The amounts of toxic, deadly cargoes are increasing in Vancouver each year.

It's completely unnecessary for the NPA section of council to put thousands of innocent people's lives at stake in the "high risk area" that this is. City engineers have proposed a 4-lane freeway alongside the tracks; tracks on which hundreds of kinds of chemicals will be moved.

Council (again the NPA section) has intimidated the Fire Chief. There will be a public hearing at the Trout Lake Centre on April 20th.

By DON LARSON



Thousands of jobs hit by mergers, shutdowns

Molson's took over Carling-O'Keefe, Canadian Airlines took over Wardair, and Imperial Oil put up \$4.9 billion to buy Texaco Canada. It was just another week for business in the new environment created by Canada's decision to ratify the Free Trade Agreement. Days later, Stone Container of Chicago put up \$2.6 billion to take pulp and paper producer Consolidated Bathurst out of Canadian control. And market analysts say Canadian companies are undervalued and may increasingly become targets for U.S. takeovers, particularly in the resource sector.

The new Molson's -- 50 per cent owned by the Elder's brewing empire from Australia -- lost no time in announcing plans to shut down breweries in Toronto, Montreal, Vancouver, Lethbridge, Saskatoon, Winnipeg and St. John's. 1400 jobs will be eliminated.

The beer merger is in theory not linked to the FTA, because brewing was exempt from the deal. But Molson's has set a target to double its sales into the U.S. market - a clear signal for U.S. brewers to seek increased access to Canada.

The CAIL takeover of Wardair is part of the concentration of Canadian airlines that has followed deregulation of Canadian air transport beginning in the early 1980's. It leaves Air Canada and Canadian with over 90% of the Canadian market.

The model for the Wardair takeover is deregulation in the U.S., which has seen low-price carriers like People's Express forced to the wall and the industry merged down to half a dozen large carriers.

Labour had warned prior to the election that plant shutdowns would follow adoption of the FTA, and that's exactly what happened once the Conservatives were returned. Close to 5,000 jobs have been slated for elimination in shutdowns directly or partly related to the FTA in the past two months. They include:

- 975 jobs at Northern Telecom plants in Aylmer, P.Q., Belleville, Ont., and Bramalea, Ont;
- 600 jobs as Gillette transfers razor and pen production from Montreal and Toronto to the U.S.;
- 1400 jobs targeted at Molson Breweries;
- 335 jobs in Canadian Tire's auto parts operation in Toronto;
- 100 jobs at Echlin Canada Ltd. as the company shifts auto parts production to the U.S.

THE BENEFITS OF
**free
trade**

RIGHTS: Tenants in subsidized housing may be eligible for \$50 a month extra for heating surcharges.
- Single parents get "unemployable" rate whether unemployable or not.
- damage deposits treated as non-recoverable grant. (Be cautious).



People On Welfare (POW) meetings are mostly unstructured. When there is business to discuss we have a short meeting. If someone has a problem, they can discuss it privately or talk about it with the group. Often we find that someone else has experienced a similar problem.

We find that older people in Carnegie have had \$50 cut from their cheques because of being declared "employable". Some are scared to fight back, but 2 have fought back and won.

We hope to take part in R.A.P. in the near future. This would help us make a welfare video that people with limited skills and poor reading abilities could understand. (Maybe Claude Richmond could use it - he really has a learning disability towards poverty issues.)

We meet every Tuesday at 4:30 on the 3rd floor near the Xerox Room. There is a bulletin board there with welfare information.

By SHEILA BAXTER

WENLIDO (Wen-do)

Self-defense for women by women
FREE

WEDNESDAYS: April 5, 12, 19, 26
& May 3. 10:30-12:30

Sponsored by the HEALTH PROJECT
& CARNEGIE CENTRE.



The Rights Advocacy Project (RAP) is designed to help people better understand the Welfare system. We need volunteers to help make a video, posters and attend workshops. Contact Alicia or Brian (Learning Centre) for more info. All people are welcome to bring their ideas to Classroom #2 on Monday, April 3rd at 4:00 pm.

Third Floor Videos

A special thank you to Igor for having the patience to spend endless hours showing us very interesting videos. They are greatly appreciated by those of us who are too young to enter the Seniors Lounge.

The videos are shown every evening except Friday, when we have a movie in the Theatre. This program has become very popular so we need more space for this event.

Following is one week's line-up:

Monday:

- | | |
|------------------------------|---------|
| 1. Return of the Living Dead | 4 pm |
| 2. Frankenstein '88 | 6 pm |
| 3. Maximum Overdrive | 7:30 pm |

Tuesday:

- | | |
|---------------------|---------|
| 1. Over the Top | 6 pm |
| 2. Crocodile Dundee | 7:30 pm |

Wednesday:

- | | |
|--------------------------|------|
| 1. Death Before Dishonor | 4 pm |
| 2. Tai-Pan | 7 pm |

Thursday:

- | | |
|-------------------------|---------|
| 1. Three Amigos | 4 pm |
| 2. Beverly Hills Cop | 5:30 pm |
| 3. Beverly Hills Cop II | 7:30 pm |

Saturday:

- | | |
|---------------------------------|---------|
| 1. The Telephone | 4 pm |
| 2. Planes, Trains & Automobiles | 5½ pm |
| 3. Robocop | 7:30 pm |

Sunday:

Wrestling or movies 3-9 pm
For the current week's features, ask at the front desk.

Wayne Schmidt

Commerce

Where are you going, my pretty maid?
I'm going to market, sir, she said
That's what they all do, he laughed.
And threw her in the ditch.
Now, she runs a roadside house
On the Lachine Canal.

(1928) Bea Ferneyhaugh

Remark!

I'll draw soft lines
And marvel at the things
They make.
(1931-32) B. Ferneyhaugh

POETRY

NEW THIS WEEK

Bought a Payday on Issue Day
and a bottle of white Rhine Hill
American goods real cheap
and inexpensive too

Cleaned house today (not mine)
got those windows done
sun's rays never broke through
gray and rained all day
waiting for the Eclipse
I saw it on channel six
(an Island thing to do)

Heard a poem today
International women's day
an invitation from a poet
Why wait for the bomb, kill
my kids now

Got Family channel free for a day
during National Cable Month

Had to run across a crosswalk
the light flashed green to yellow so fast
Old lady with a cane nearly became
a blast of memory
two tons of steel bearing down
speedsters in a fifties drag
not safe for the infirm or the elderly
Main & Hastings Pedestrian Island casualt

The city and the surf
the pounding of the rhythms
the bars and the loose people
in an ocean of isolation.

The city with the Seabreeze
the pounding of the waves
the bars and the downtown people
Dockside of an Ocean.

Taum Dan Y Creag

of interest to



SENIORS

We've got a very busy month ahead of us for April.

* To start off, April 4th will see 40 Seniors (sorry, trip is sold out) travelling to Nanaimo on BC Ferries to take the Bastion City Wildlife Cruise.

* The following week, April 10-13, we travel to Camp Capilano in Capilano Canyon. See one of the Executive members of the Seniors Support Group in the Seniors Lounge for tickets.

* The next week, Sat., April 15-22, is Volunteer Recognition week. A special feature for Seniors will be the "Metro Seniors Dance Band", live at the April 17 Seniors Dance. The night will include door prizes, spot dances and lots of FUN!! If you're a Senior (40 yrs. and better) don't miss out. It's 6:30-9:30, Theatre (and it's FREE).

- The monthly Seniors meeting will take place at 2 pm on Tues., Apr. 18 in the Seniors Lounge. Come and help plan activities for summer. There is free coffee for those attending.

Please make note of the following Special Attractions:

* A Pow-wow to mark the official opening of Oppenheimer Park will take place on April 29th, 1-7. Elders will be given special respect. Plans for the day include children's games, native dancers & drummers, barbecued salmon and even Teepees. Come and join in the day's festivities.

* On May 6th the Senior's Welfare Festival will happen at the Kerrisdale Community Centre. This event will feature the many activities in which seniors are involved. Carnegie member War Dance will be included in

a panel describing in his native tongue the various activities he, as a Native, is involved with. The day is open for all Seniors. Contact Donalda if you're interested in going. (her office is on 3rd floor.).

DON'T BE FOOLED ON APRIL FOOLS - come to the 2nd floor....

* APRIL FOOLS CONCESSION - Come to the 2nd floor Seniors Concession on Sat., April 1st and get a fill of surprises for only a few pennies.

FLASH!!! Please remember the Peace March on April 22nd.

If you are interested in going as a 'Carnegie Group' let Donalda know and we'll see what can be arranged.



Country Love Song

I listened to your song
That I had waited for so long
It had all the words that
I longed to hear,

You exposed your heart's feelings
And your long lonely dealings
With a love that was untrue,

You said your feelings true
For a love that was so new
And all the dreams I had came true,

But then I found your song
I had waited for so long
You sang for someone new.

Tom Lewis

Music Lovers

Music? Hear, Matilda! How they talk!
Who knows the power and depth of fleetest song?
That trembles in our Hurdy-Gurdy's gong
Shrill whistle, and most touching, plaintive squawk?
They shudder! They raise cold and nerveless hands
To hide their painted eyes that glaze and stare,
To hear our chortling Hurdy in the square
Splashing out unspiced wine to thirsty bands
They sip their melody all spiced and iced
And sewed on silver trays all ornamented
'Mid scented air, and chatter half demented.
Viols, piccolos and drums, enticed
To sing by artists, scarce stir their dead souls
Melody's ours, like life's wine in cracked bowls

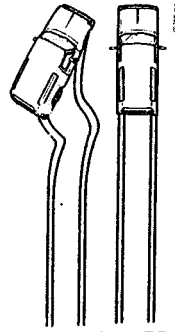
(1927) Bea Ferneyhaugh



Untitled

The gift of life exceeds so, priceless treasure
It beggars global wealth. Possession, piled
Higher than high, can never match in measure
The tender breathing of a living child.
Strumpeted growth is profiteering gain
That leads but to the bankrupt neutron bomb,
The ghoulish sibling of a blasted brain
And dreadful freak of a decaying womb,
Wreckful of life. Not such a gutless thing.
Can bring humanity to time's still end,
For, even the thought whose base engendering
Conceived annihilation's tool, itself does send
Notice abroad that living matter finds
Hell in possessing, and its own end designs.

(1978) Bea Ferneyhaugh



HEALTH PROJECT - APRIL PROGRAM (44 e.Cordova)

- Apr. 4 - Menopause Support Grp.
Open to all women (experiencing menopause or not). Provides a forum to share and know what to expect, how to cope and not feel alone. Bi-weekly, Tues.
- Apr. 5 - Self-Defense for Women
Six week course on basic skills: breaking holds, effective counter attacks and protecting yourself from danger. With the frequency of assaults on women, this a life skill course. 11:00-1:00, Wednesdays.
- Apr. 5 - Videos from Canadian Mental Health Association on schizophrenia. A discussion on how this disorder affects the lives of women.
- Apr.12 - Self-Defense for Women
(See Apr.5)
- Apr.12 - Video - "Four Lives - A Study of Manic Depression". Four people share their lives hoping to show what symptoms and conditions lead to this malady, and to encourage treatment.



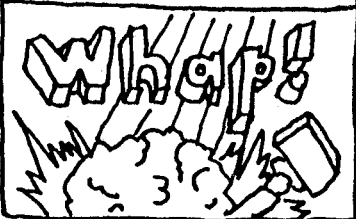
The Adventures of Captain Platypus

© By L. Bradley Fenton

One Day on the Welfare Line...



Suddenly a meteor plummets and strikes the businessman...



But by some freak of nature, Reginald Bilgesputz is not Killed! The alien substances in the meteor combine with his body to create a menace...

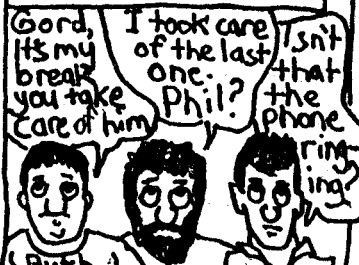
Known as the Corporate giant!



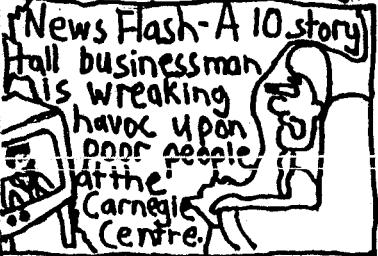
I think I'll wreak havoc upon poor people.



Meanwhile at the Carnegie door...



And at the home of Freddie Skiffles (Captain Platypus)



The Premier had this to say:



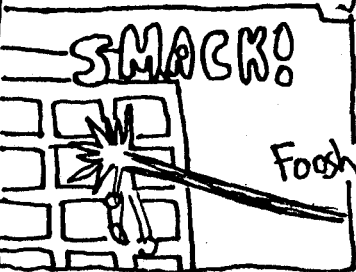
Almost Immediately



Bleedin' Heart Liberal!



Captain Platypus is knocked into a building



Is this the end of the Captain? Will the Corporate Giant destroy the Carnegie? Find out Next Issue! 'Nuff Said.

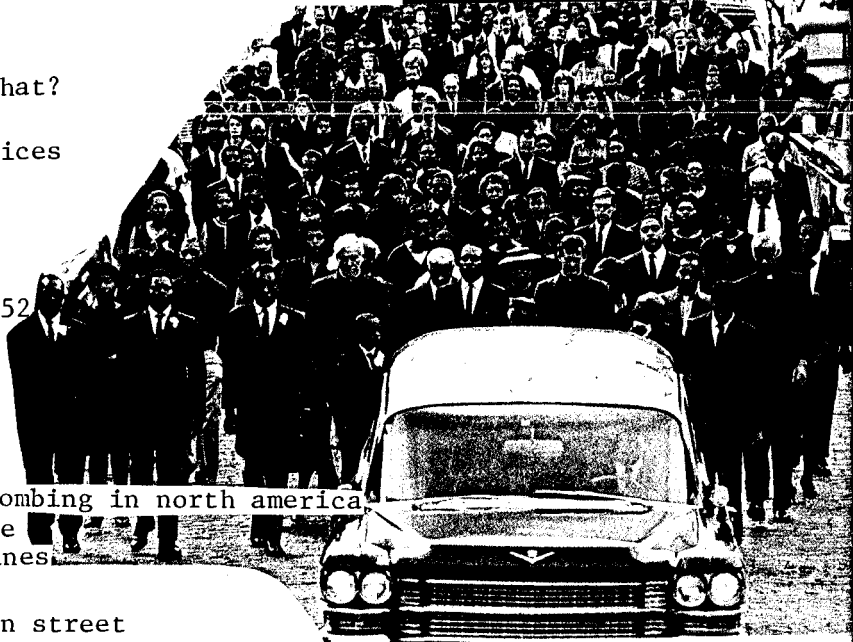
sorry for bothering you about it but...

even these
excedrines are addicting
all this legal over-the-counter drug pushing
garbage burning up my gut
what am I supposed to do?
the doctors treat me like a junkie
I've been officially mentally disabled
& have broken bones from skull to asshole
& rage that builds
until I sabatoge myself
& everything I love
in a scorched soul policy
I hate
& what do I do about all that?
santoka said:
"gradually I take on the vices
of my dead father" -
homocidal jealousy
deepfreeze depression
flashfires of selfpity
the cold cruelty of the b-52
my father & I & my son too
abandoned by
drifters & drunks
migrated through
bloody williamson county:
site of the first aerial bombing in north america
gangsters dropping dynamite
from slow lowflying airplanes
where scabs were hanged
& machine guns blasted main street
& ku klux marched the backroads
& dead bodies piled up in voting booths & coal mines
& bootleg blew up under the beds
a scrap of family land was stolen by the banks
another stabbing
& family flight in the night
to factories up north
to suicides
& welfare
& useless surgeries
& manic madness
where my mother father uncle & myself
were all locked-up in the same jail
& my family became
scapegoats for the editorial pages
& the women had to become
caretakers

& killers
& what do I do about that?
get a college degree?
shoot everybody I see?

help me baby
please
when I can't
help myself

- Bud Osborn



rock star

he played keyboards at the "bottom line" in new york one night
for a rock & roll poet I know
who invited me backstage
afterwards
where I told this guy
from one of the mega-super-groups
that I worked in a prison-like group home
with many boys who've had
a lot of trouble & not much else
"your music means a great deal to them" I said

& the guy began moving away from me
"well" he said "our music is just a put-on
we don't have anything to do
with those kids coming to our concerts
all messed-up"

So I told him:
"no man your music gives them something
that makes them feel good
when their lives
make them feel so bad
you're a hero
to them"

with that
the rich rock & roll musician
moved closer
"wow!" he said
"I'll send them some posters of our group
& some guitar picks!"

that's just what they need
I thought
they've got plenty of bare walls
but
no
guitars

Bud Osborn

Singing

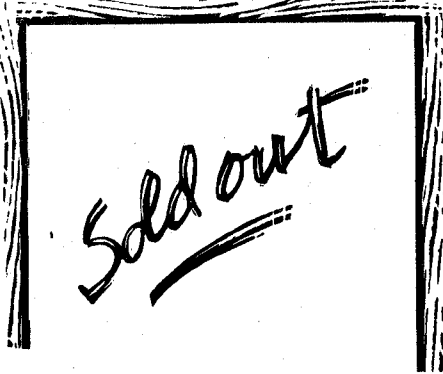
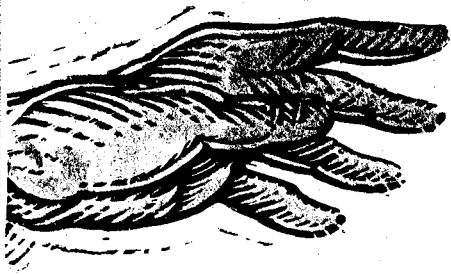
Driving the few of us
through Sunday morning wet
the bus driver calls
the name of each stop,
music to his ears.

Claudius Ivan Planidin



Terpsicore, Turpitude, Terpsentine
Dancing, Wehching, imbibing wine
Jesting, Jibing, jerked wise guys
Mayhap a direct route to
committing sidewise
Love ain't level it's most
up and down
Money ain't nothing to a partying
clown
Marriage & Mortgage..possessions
and time
Buy nothing of value just a
descending incline.
I may be a broker singing the blues
But the sure treadmills to oblivion
are middle-class views.

Tom Lewis



More Drug Jokes...

Here's another cute little "Catch-22" for ya: If a doctor gives you a legal drug & it produces bad side effects...deforms your children, creates muscle spasms or grows hair on your eyelids - the doctor says he is sorry & thd government apologizes.

If I like an illegal drug & give some to you, even if you like it & experience no negative side effects, I can be charged as a drug dealer, humiliated, scorned, dragged through the courts & imprisoned.

Another great joke is "Drugs for Success" typified by steroids & speed. If you want to win, & God knows, every child from day one is being indoctrinated with success syndrome, then you will have to let them into your body for a little chemical "fine tuning" ...in most cases this is not illegal,

just unethical.(?!).

In my opinion, all government evaluations are "dead" evaluations... the government behind the desk, alienated from your situation, makes cold, hard objective, "dead" decisions about how you will live your life.

The only decision that makes any real sense is the personal decision you make about what you want to do, or don't want to do. With the exception of killing or seriously hurting others, every action or inaction of your individual existence belongs to you. Run your own ship & if some of your actions lead you into conflict with "The Law" - well, in most cases, the label "criminal" is just the price you pay for being free...or at least as free as possible within a system of enslavement.

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Carnegie

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Thanks everybody.

6:30 Wed.

bingo