

. Rats and Pigeons

"Blowing up the Vancouver Sun building would inconvenience people who work there, but it'd have no effect on the neighbourhood" - except for the odd 'journalist' like Iain MacIntyre who would then have to shine the shoes (kiss the asses) of those who could buy and sell it/him any time.

I mean granted, the way this whole Whitecaps Stadium is being touted as the best thing since sliced bread... to cover up how it is actually being rammed down the throats of local residents. Virtually every mainstream media was prepped in advance, with the same kind of artist's depiction of how such a white elephant would just "fit in perfectly" with Remember when the same kind of bozos wanted to get approval for a waterfront casino. That thing was always shown as a dot on the shore - when seen from above. It wasn't until people here in Carnegie and a few friends got the proposed measurements and put up a couple of 4'x 8' sheets on the pier in Crab Park that the actual massive size and scale of

The same kind of brain-dead idiots as MacIntyre held forth with "Community impact? What community?! It's going to be built on new muck dumped into Burrard Inlet stupids!! And you're crying about making a few fish homeless!!!"

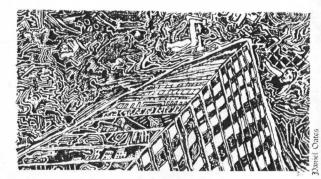
the thing was seen. It would have risen 10-15 stories just offshore, blocking all views of Stanley Park and casting a permanent shadow on the neighbourhood.

Think about this, it's so simple that even Iain MacI might not get confused: The guy who wants to build this is ignoring about 12,000 people - that's us because he's bought the air rights over the railroad tracks all the way to Main Street. This means that he can and will build a wall of towering highrises extending east from the stadium to Main. These condos will be exorbitantly priced, with spectacular views of the mountains and Stanley Park and so on. The fact that such will block the view corridors of East and Central Vancouver is just too bad. It was just this kind of development that had Gordon Campbell almost wetting his diaper back when he was the mayor. It was called an "Executive City" then but had precisely the same rising slope of buildings getting higher as each got closer to the waterfront and blocking the view corridors of the entire city. An architect and consultant named Ray Spaxman tabled a report to City Council stating this in black

and white. He was promptly fired.

It's sad that the charade of positive responses printed ad nauseum in the Sun and Province are glibly alluded to when confronting worms like Mac-Intyre, as though the vacant good will of the writers of such wonderful missives are a solid foundation for the bought&paid for MacIntyres to crow from.

By PAULR TAYLOR



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*tinct Life	Soft rock	Taped live
Life	Synthetic natural gas	Exact estimate

Definite maybe Tight slacks Cold Hot Dogs

Choose heaven for climate, hell for society.

Everyone hates me because I'm paranoid

To Mayor + City Council

Re: Six-month review - Whitecaps Stadium

It is important that a 6-month review of the [proposed] soccer stadium include both site locations. Apparently, until 3 weeks ago, the Trillium Flats site was considered to be for the Whitecaps new location as it presents fewer impacts on the surrounding community. However, the waterfront site raises concerns:

- 1) Noise
- 2) Alcohol-related, spinoff social problems
- 3) In spite of public transit, there'll be private vehicle impacts on a cramped location with poor access
- 4) Building a public stadium over a railway shunting yard where some hazardous cargoes are handled.

Don Larson



Humanities 101

Community Reading & Study Groups meet at the Carnegie Centre once a month to talk about stories, essays, plays, philosophy and great ideas in a friendly environment.

Literature Reading Group: Saturday Nov 5, 10 am Study Group in Economics, Politics & Community: Saturday November 5, 12noon

Existentialist Reading Group: Saturday Nov 5, 2pm Rock and Roll Study Group: Sunday Nov 6, 12 noon Shakespeare Reading Group, Sunday Nov 6, 2 pm

These are open to the public, but they are NOT drop in classes. There are limited seats, and participants must do the readings and come to classes. If you are interested, please call **Humanities 101** at 604-822-0028 or e-mail hum101@interchange.ubc.ca You can also sign up on the information sheet posted on third floor bulletin board at the Carnegie.

Who I am . . .

I walk on the same streets as you I eat the same food as you I hear the same sounds as you I feel the same sun and the same rain When I am happy we both know it Where are we – we are home, in and around the Carnegie... we are known.

Kim W.

A Tale of Two Soccer Moms







CAN YOU KEEP A SECRET?

The Woodwards project is beginning to look more and more like the Forbidden City of the Downtown Eastside- only the exalted and anointed may enter.

What's wrong with this ad from *The Courier*? Nothing much except it appeared in the Eastside edition which never makes it to the Downtown Eastside. The Downtown edition, which is widely circulated here, comes out on Wednesdays-- a day after this meeting. The meeting took place three days after the mid-month of the *Carnegie Newsletter* publication but there was no notice there either. Was this neglect on behalf of the Carnegie publishers? I don't think so. You can't publish what you don't know about. Also there were no posters on the hoarding boards of Woodwards as was customary before the deal was consummated at City Hall.

There's much bally-hooing right now at election time about Woodwards being the heart of the Downtown Eastside. It appears a transplant has taken place under our eyes, and the developers are the new recipients. It seems, as time goes by, that community consultation and transparency were simply elegant buzz words tossed around to mollify the riff-raff in the community while the project was still in its formative stages.

Perhaps the organizers of this meeting were apprehensive about an "open" meeting, lest some of the residents who have misgivings about how this project is being fleshed out should show up and say so.

It seems more and more apparent to me that Woodwards is no longer a Downtown Eastside project, but has evolved into yet another Vancouver megaproject. It's likely that most Vancouverites south of the bridges care about Woodwards only in the context of how much it costs, while the people who

struggled and toiled for years to mould Woodwards into a real and vital community asset are now an unwelcome liability.

Oh well; there's some good news on the horizon: a new soccer stadium. The only question? Will promises of jobs for Downtown Eastsiders start raining down on us before or after the November 19 election?

By Ian MacRae



WOODWARD'S

ANOTHER STEP FORWARD

INFORMATION MEETING

Tuesday, October 18, 2005, 6 - 8 pm Woodward's "W Room", 101 West Hastings Street

CALLS FOR EXPRESSIONS OF INTEREST:

NOODWARD'S CHILDCARE FACILITY OPERATOR

Non-profit childcare organizations experienced in delivering licensed quality childcare are encouraged to apply to the City of Vancouver to operate a 37-space day care in the Woodward's redevelopment. Interested applicants are encouraged to attend this information meeting on October 18.

INFORMATION: CAROL ANN YOUNG 604.871.6042

WOODWARD'S NON-PROFIT TENANTS

Non-profit social services, culture, health, and social enterprise organizations who have already applied to or are wishing to apply to the City of Vancouver for tenant space in the Woodward's redevelopment are invited to attend this



www.vancourier.com

HEN PARTY FABRIC ART BY THE CARNEGIE SEWING CIRCLE

"Nobody here but us chicks!"



Mei Chan, Sally Ho and Diane Right: Dai Di

When women did not have the right to vote, they were able to gather in sewing circles to foster a collective voice concerning topics from the abolition of slavery to peer support to fundraising for the community. I have been keeping this centuries-old tradition alive and well at the Carnegie, with a group of mainly Cantonese -speaking seniors; Yin Mei Chan, Fong Sum, Sally Ho, Lee Ping, Dai Di Liang and Guan Cai Hunag. We meet every Thursday morning 9 'til 11:30, when Egor kicks us out for Bingo. I encourage individuality and imagination; we don't reproduce patterns from quilting books and magazines. The results are incredibly unique panels, in brilliant colours, embellished with beads and sequins. They are all hand-sewn; for a few I have stitched a backing on with a machine, if they haven't sewn one on themselves. This exhibition showcases the amazing "naïve Folk Art" that they make. Their work will be hanging at the Potluck café, 30 West Hastings, until November 30, as part of the



Heart Of The City Festival. I sold 2 pieces before the show went up. The ladies can barely believe people want to buy their work, and aren't keeping the money, it all goes back into the programme. All of the fabric is donated, but we need to purchase scissors, needles, pins, embroidery thread, sequins and trim. The Café's hours are 7:00 am – 3:30 pm Monday to Friday. Their phone number is (604) 683-0073 ext 279.

Diane Wood



The Thing I do
is very good
to do the thing you do
busy yourself
with things you like

Annie

THE RETURN OF THE DOWNTOWN EASTSIDE POETS

BOOK LAUNCH - NOVEMBER 5 At 7:00 pm in the Carnegie Theatre



Well it's ready! 1000 copies of our poetry book are out, and will be available at three of the Heart of the City Festival events – the Gala, the live broadcast on Co-op Radio Tuesday night, November 1, from 9 to midnight, and at our Saturday book launch.

We have dedicated the book to Paul Wright, an amazing and well-loved DTES poet and community activist, who died in September last year. The foreword was written by Bob Sarti and Mary Ann Cantillon, the Carnegie librarian who kick-started this whole project in the first place. It's a collection of writing by the people who read at our monthly Saturday night poetry cabarets – shit disturbers, historians, herstorians and rappers, as it says in the Festival program guide! 17 radical writers, and here they are:

Sandy Cameron came to the DTES in 1965, and is one of its staunchest champions for social justice. He's been a prospector, logger, teacher, and a writer who has contributed to the Carnegie Newsletter for 17 years. His published works include "Sparks From The Fire" and "Taking Another Look At Class".

Colleen Carroll worked in BC's logging industry for 17 years, until the mills' dirty air and the chemicals sprayed on the lumber ruined her health. Like many others, she's in the DTES because WCB refused to recognize the damage done in her workplace. Her poetry speaks of the suffering in the world due to imperialism and corporate greed. She thanks the Carnegie's poetry readings for challenging her to write.

Delayne writes, dances, volunteers at the Listening Post, and is a DTES resident.

Mary Duffy grew up on Red Island, Newfoundland, until it was re-settled when she was six years old. Six years ago she found community again in Vancouver, working as a librarian for the children of the DTES/Strathcona/Chinatown.

Sophia M. Freigang is a writer, a mother, and a photographer with a prize-winning picture of her sweetheart in the 2005 PIVOT calendar.

Maxine Gadd has been a published poet in her own right, since the 70's. She loves to play with words, informed with fragments of reality. She lives and volunteers in the DTES, most recently at the Woodwards squat. She asks, "how can you not write about where you are?"

Leith Harris is an outspoken community resident / worker / activist whose writing and acting skills were displayed in "I Love The Downtown Eastside" and "Rare Earth Arias". She was the participant co-ordinator for the 2003 community play "In the Heart of a City". Her work expresses a compassionate view of life in this neighbourhood.

Stephen Lytton was born with cerebral palsy. He went to Indian Residential School from 1961 – 1974. He moved to the DTES in 1992 and loves the character, heart and courage of this community. He has learned much about the human spirit and its will to survive in spite of all the challenges it encounters. His enjoys public speaking, creative writing, acting, and the people he meets.

Goh Kagan came to Canada in 1986 after years of and living all over South East Asia and Europe. He is an award winning filmmaker, a spoken word poet, romance novelist and mental health advocate. He was diagnosed with manic depression in 1993 on Valentine's Day. His work explores illness as a shamanistic initiation and vehicle for growth and transformation.

Carl MacDonald got his first taste of East Vancouver when he ran away at the age of 16. He eventually found himself playing music in the Balmoral Hotel, and volunteering at the Carnegie Centre. This is where he learned to use computers and to express himself as a writer and musician.

Albert Mackle is a young first Nations writer.

Muriel Marjorie was born on Friday the 13th to a made-in-England father and a mother from the Owl Clan in Hazelton. She was a participant in "I Love The Downtown Eastside" with powerful monologues on our missing women, and the various faces of love; a writer for "Rare Earth Arias" which was staged at the Firehall Theatre; and a performance poet at too many venues to list!



A.S.Naomi Narvey has been weaving in and out of the arts events in the DTES as a poet, artist and singer, an area that provides her the opportunity, encouragement, and sometimes a few dollars for her gifts. She started writing at 13, and was the poet for her school in their provincial anthology. She used to feel like an anonymous outsider, when she moved to Vancouver in the early '90's, but was welcomed in and is now a part of our artistic community.

Brian Michael Nelson says he's really just one of the common average people, who has experienced something uncommon. He writes and reads poetry about the soul's struggles and victories as it journeys from the gross, completes the course of love, and rises into the illumination of consciousness.

Louisa de Plume has made Vancouver her home for the past 25 years. The DTES Poets' Night has been a welcome venue for her to read publicly. Often she writes a piece for that night's event while sitting there listening and getting inspiration and encouragement from other writers. She also publishes in the Carnegie Newsletter.

Gena Thompson is a DTES poet, writer and singer who sits on the Board of Directors at both the Carnegie Centre and her housing co-op. Her writing deals with themes of separation and longing. In the near future she plans to study classical voice, and write an illustrated science fiction novel.

Diane Wood lives and makes art in the DTES. She has been a powerful voice for outcasts and labeled people everywhere. She joined the Carnegie Newsletter 5 years ago, and is now responsible for cover art, layout and encouraging people to write. She hosts a monthly poetry cabaret at the Carnegie Community Centre, providing a forum for those who call themselves the DTES Poets.

A special thank you to **Beth** for all her hard work getting the book ready for the printers.

Diane Wood

LIBBY DAVIES, MP Vancouver East

Dear Friends,

The purpose of this draft motion is to move the Government to regulate drug production and drug use within a framework of health care, harm reduction, education, and personal choice. The motion is still in draft form and I would like your input and feedback before I bring it to parliament. My contact information can be found at the bottom of this page.

Before providing your comments, it's important to understand that motions have certain technical standards that don't quite match our understanding of good grammar. Motions tend to be one sentence, express a general idea and use far too many semicolons to bring that idea together. The draft motion I am presenting to you is a fairly standard example of what a motion will look like in length and in grammar. Adding supporting facts and arguments isn't important here. Background documents may accompany the motion for reference and other materials can come forward when a motion is debated.

What is important is that the spirit of the motion is clear and provides direction to the government. The motion is as follows:

THAT in the opinion of this House, the Government repeal or amend laws that currently prohibit the pro-



duction, distribution and possession of certain illegal substances, in favour of a legal and policy system that, within a framework of public health, as identified in the Health Officers Council of British Columbia 2005 Discussion paper, effectively regulates, outside the criminal justice system, the production, distribution and possession of such substances; minimizes the harm associated with drugs for users, their immediate communities and the larger global community; provides for honest education about all drugs; and respects individual choice, and

FURTHER that the Government of Canada conduct a review of the impacts + harms created by the cu rent legal model based on criminal prohibition, and

FURTHER, that the Government of Canada engage in a broad review and discussion of possible models of such a regulatory approach.

Rm 152, Confederation Bldg, Ottawa ON K1A 2A6 Ph: 613-992-6030; Fax: 613-995-7412 E-mail: daviel@parl.gc.ca

> 2412 Main St, Vancouver BC V5T 3E2 Ph: 604-775-5800; Fax: 604-775-5811



THE ART STUDIOS OPEN HOUSE AND SALE

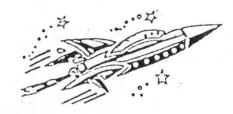
THURSDAY NOV 24 2 - 7 PM 2005 E. 44 AVE., Vancouver TEL: (604) 871 9788

Free Admission

Unique gifts for the upcoming holiday season

CARNEGIE VOLUNTEERS

DJ Mix and Friends Friday, November 4,2005 Sorry - due alien invasion, this dance is cancelled (ONLY for the month of November)



VOLUNTEER OF THE MONTH (October)

Al Wilby Our artiste extraordinaire and Pool Room Monitor! Thank you Al for always doing what you say you will, and for doing it with pride and commitment. It is always a pleasure for us to have you join us on our many and varied trips each year.

Andrew Lane, Kitchen "Trick or treat, smell my feet, give me something good to eat." Andrew is indispensable in our busy kitchen volunteering as a prep cook as well as Cashier and Server in the 2nd fl Cafeteria. The volunteer in the Cashier position must be multi-task oriented and have excellent customer service skills.. The Cashier position is a difficult one to fill and when we have someone with Andrew's skills and disposition, we are very appreciative.

Volunteer Program Committee Meeting Wednesday, November 09, 2005 Classroom 2, 3rd Floor @ 2:00pm All Volunteers welcome to voice your ideas and concerns, or just sit, listen and learn.

VOLUNTEER DINNER

Wednesday, November 16th, 2005Theatre @ 4:30pm SHARP!!!
This is a dinner for all Volunteers with a minimum of 12 hours service for the month. It's one way staff show our appreciation to our hard-wording noble volunteers for all that you do for the community.

International Volunteer Day takes place on December 5th each year and is officially recognized by the United Nations as a day on which volunteers around the world are recognized and celebrated for their contributions and dedication. Volunteering touches every part of a community and is something regularly practiced by over 6.5 million Canadians.

Guess whose birthday it is on November 2nd????

HELP Give FREE HAIR CUTS!!!

We are looking for a volunteer to cut Cut Hair. We provide the tools. This is a very popular program as it provides a much appreciated and needed service. If you are interested, please talk to Colleen in the Volunteer Program Office on the 3rd floor

CONGRATULATIONS CARNEGIE CUES

Carnegie Cues vs. Evelyne Sallers #44 held at Carnegie October 20, 2005.

. Carnegie Cues won the match 2 out of 3 games. A sudden death third game was played right down to the eight ball. A full crowd was cheering both teams.

Congratulations to Carnegie players Rick P., Solomon S., Gerry, Mark D. winners of the tournament. Good sportsmanship on both teams.

We look forward to playing Evelyne Saller #44 next year and making this an annual event.

Pacific Bluegrass & Heritage Music Society presents

A Variety of Bands playing Bluegrass, Folk & Country Music

Wednesday, Nov. 2, 7 - 9pm Carnegie Theatre



Coffee House Showcase featuring

Delannah Bowen

Delannah Bowen made a triumphant return to Carnegie Hall, instantly electrifying the capacity crowd of loyal fans and recent converts. After a brief but eloquent and moving introduction by the Heart of the City Festival's executive director, the amazingly energetic Terry Hunter, Delannah gently yet firmly kicked off the evening's entertainment with some enchanting versions of Gershwin, then Van Morrison's "Tupelo Honey" and "Moondance".

As she continued in her repertoire, the audience became completely captivated – clapping and singing along, happily whooping it up!During a brief pause, Delannah introduced the members of her ensemble: the virtuoso pianist tickling the ivories was Michael Creber, playing drums and percussion, surrounded by an amazing array of bongos, congas, and other mysterious things was Jim Salmon.

Delannah's vocal stylings were strong, filled with the sometimes heartbreaking emotions her fans have come to expect; what I found was that Delannah will never let you down.

To describe each number, with its origin, creator, etc. cannot do justice to the manner of Delannah's interpretation and delivery. It's best said that there are both a CD and cassettes available for your listening pleasure from this exceptional natural woman; God Bless the Child –by (& about) Delannah Bowen

By ROBYN LIVINGSTONE



You are right! Happy Birthday to ADA DENNIS from all of us

FESTIVAL CLOSING PARTY

7:00 PM SUNDAY NOVEMBER 6 URBAN BARN DANCE



WITH RUSSELL SHUMSKY AND AFRO SHILLELAGH

AT THE UKRANIAN HALL 805 E.PENDER

Pay What You Can

This is the Carnegie CD project web page. It is under construction for now and is being built up daily. Please feel free to drop by.

http://carnegiecd2.tripod.com/

[Build your own web site at www.tripod.com.]

October 26 to November 6, 2005
A DTES Community Arts Initiative Event

Produced by Carnegie Community Centre & Vancouver Moving Theatre with the Association of United Ukrainian Canadians

We're headed into the month of November when the Heart of the City Festival offers a wonderful week of poetry, music, theatre, dance, yoga and dialogue. Here are some highlights for you.

• Three nights of Live performance at the Radio Station Café at 101 East Hastings and broadcast on Co-op Radio CFRO 102.7FM. **Tuesday November 1** is the Spoken Word Showcase, **Wednesday November 2** is DJ Night and **Thursday November 3** is the Heart of the City Festival Music Showcase. All evenings start at 9pm and finish at midnight. Pay as you can

• Wednesday November 2 is a busy day for highlights. At 1pm there is a Music Showcase at the Living Room 528 Powell, at 2pm there will be Multicultural Storytelling at the Aboriginal Front Door, 384 Main, as well as an

open house at the



Frankly Scarlet performs as part of the Music Showcase at the Radio Station Cafe.

Thursday Nov. 3 from 9 pm — midnight.



Evelyne Saller Centre 320 Alexander. Festival guests, Heartland Hootenanny, will play a 5pm supper concert on the 2nd floor of Carnegie. All these events are free.

• Also on **Wednesday** is the Day of the Dead Procession. Beginning at St. James Church 303 East Cordova, the procession leaves at 5:30pm, returns to St. James where a Mass for the Dead will be held at 6:30, followed by a Celebration in the Church Hall. Isabel Ramirez and Poco Loco will be performing at the

celebration. By donation

• On **Thursday November 3** find a 1pm Music Showcase at First United Church, 320 E. Hastings and a forum on Public Space, 4:30pm at 29 W. Hastings. Free

• Friday November 4 you could go to Gallery Gachet 88 E. Cordova for 2 exhibition openings at 7pm and a performance at 10pm. You could go to The Shadows Project as described elsewhere in the newsletter or you could spend the evening with Harry Aoki and other musicians at the Japanese Hall 487 Alexander 8pm, pay as you can.

• Join in the Bruce Eriksen Heritage Walking Tour (*left*) with Bob Sarti. Meet on the steps of Carnegie 10:30am Saturday November 5. Local residents pay as you can.

• Check out the Banner Project at the Open House of St. James Church, **Saturday November 5** 12:30pm to 4:30pm. Organ concerts at 1:30pm and 4:30pm. Free

• You don't want to miss the Comedy Showcase 4pm **Saturday November 5** in the Carnegie Theatre. Come laugh your head off at this show that looks at the lighter side of surviving the mental health system. Featuring local resident Paul Decarie with his unique style. Free

• Highlights of the closing day of the Festival, **Sunday November 6**, include a History Walk with Madeline



Afro Shillelagh

Deighton and Gassy Jack. See Luke Day, Sandra Pronteau and Rosemary Collins in their roles from the community play. Meet at St. James Church 303 E. Cordova at 10:30am, local residents pay as you can. Follow in the wacky footsteps



The Carnival Band takes to the streets of the DTES on Sunday Nov. 6 at 12:30 pm & 2:15 pm

of the Carnival Band who will lead a 45 minute procession starting from Carnegie at 12:30pm and

2:15pm. At 3pm, enjoy a wonderful cultural performance at the Ukrainian Hall, 805 E. Pender, followed by a Ukrainian supper. Tickets are available at the door. We end the day with an Urban Barn Dance with Afro Shillelagh, pay as you can. What a day!

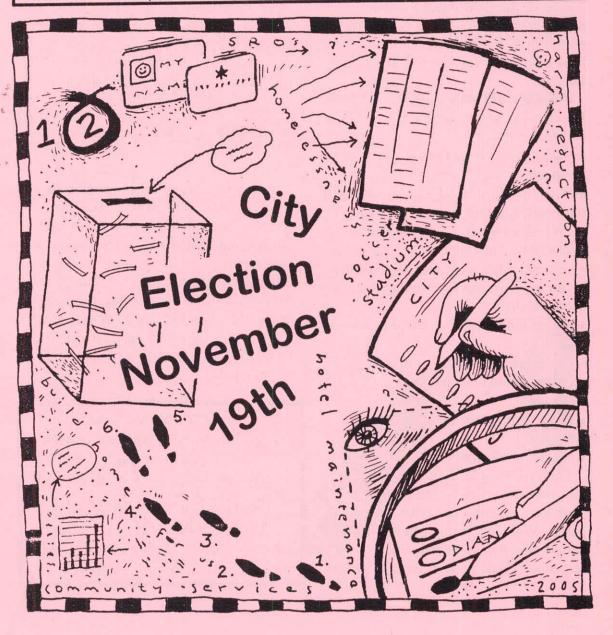
• There is still room in the Breaking Into The Biz Forum. Two days of workshops and a panel discussion: **Thursday November 10** and **Friday November 11**, 1pm to 9pm. A non-refundable fee of \$6.00 must be paid in advance. Phone 604-665-2213 to register. Maximum 25 participants.

For full festival program information, pick up a program guide at the Front Desk of Carnegie or go to our website www.heartofthecityfestival.com. Call Dan at 604-665-2213 for information.

Carnegie Community Action Project (CCAP) Newsletter

This issue written by Jean Swanson

November 1, 2005



City election day is Saturday, November 19th

On November 19th, you will get to vote for the people you want on City Council, the Park Board and School Board.

Historically Downtown Eastside residents have had a lower voter turnout than people in other parts of the city. That means our voice in city affairs is reduced.

City Council is especially important to Downtown Eastside residents because it decides on things like:

- Whether to lobby federal and provincial governments for funds for affordable housing and higher welfare rates and minimum wages;
- Whether to enforce the maintenance bylaw in rooming houses;
- Whether to use the anti-conversion bylaw to preserve single room accommodation;
- What kind of services to fund in our area;
- Whether to allow the Whitecaps soccer stadium to be built next to Gastown:
- Fire, police and street maintenance services;
- · and a lot of other things.

The Park Board is important because it makes decisions about Strathcona Gardens, Oppenheimer and CRAB parks. Will they be upgraded? Will people who live in the parks be respected? Will the maintenance budget

at Oppenheimer increase to meet the needs of a well-used park?

The School Board decides about things like school fees and junk food in schools. They can advocate for more provincial funding for schools and decide on learning conditions for all children including children with special needs.

Who can vote?

You can vote if you are 18 or older on November 19th, are a Canadian citizen, have lived in BC for at least 6 months, and have lived in Vancouver for at least 30 days immediately before the day you register.

If you were registered to vote for the May 17, 2005 provincial election, you are on the city voters list (if you were a Vancouver resident then). You can come to the voting place and vote on election day.

You're Invited to an Election Forum on Downtown Eastside Issues

Time: Nov. 14th from 1:30 to 3 pm Place: Carnegie Theatre, 401 Main St.

Drop in before the forum (12:30 to 1:30) for info on how to vote.

What if you're not registered to vote?

If you are not registered to vote you can still register on election day if you meet the qualifications.

To register at the time that you vote, you must show two pieces of ID containing your name and address. One must have your signature.

Here are the kinds of ID that are acceptable:

- •BC Driver's Licence
- •BC ID card from Motor Vehicle Branch
- •ICBC Owner's Certificate of Insurance and Vehicle Licence
- •BC Care Card
- •Ministry of Social Development and Economic Security (welfare) Request for Continued Assistance Form SDES8
- Social Insurance Card
- •Citizenship Card
- Property tax notice
- Credit or debit card
- •Utility bill for electricity, natural gas, water, telephone or cable;
- •Welfare cheque stub showing identifying information
- •Statutory declaration or sworn affidavit (from a notary public, lawyer, or commissioner for taking oaths).

If you have any questions regarding acceptable types of ID, contact the

Vancouver Election Office at 604 873-7681.

Hopefully, the political parties will have lawyers available in the Downtown Eastside to provide affidavits for people who need them.

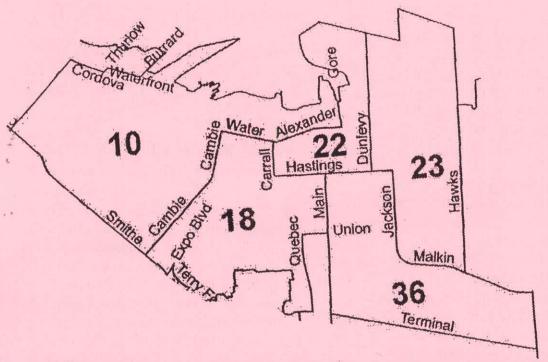
What about the advance polls?

If you want to vote before election day on November 19th, you can vote at one of the advance polls. The closest advance polls to the Downtown Eastside are at City Hall and the West End Community Centre.

Advance polls take place on November 5, 9, 15, and 16 from 8 am to 8 pm.



BURRARD INLET



Where do you vote on election day if you live in the Downtown Eastside?

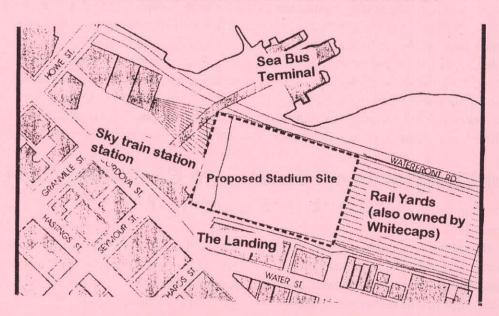
Where do you vote on election day? If you are already registered, you should get a "Where to Vote" card from the City in the mail in late October. Go to the polling place it says to go to.

If you are not registered, check out the map on this page. If you live in area number 10, you vote at the Alice McKay room of the Vancouver Public Library at 350 W. Georgia. If you live in area number 18, you vote in the auditorium of

the Chinese Cultural Centre at 50 E. Pender St. If you live in area number 22, you vote in the Theatre at Carnegie Centre, 401 Main St. If you live in area number 23, you vote at Strathcona Community Centre, 601 Keefer St. If you live in area number 36, you vote at the lounge in BC Housing at 705 Jackson Ave.

Voting hours are from 8 am to 8 pm.

Do we want a new stadium next door? The next council will decide.



What does the Whitecaps company want?

On October 13 the Whitecaps company held a glitzy news conference to announce that they want to build a 15,000 seat stadium for soccer and other uses just north of Gastown, over the railroad tracks. The company plans to build the stadium so that another 15,000 seats can be added for a total of 30,000.

How are they pushing it?

The company is running ads on TV and in the papers. Corporations whose logos appear on fancy print ads seeking support for the stadium are Global, The Vancouver Sun, The Province, TEAM 1040, and Pattison. The Whitecaps also have a web site promoted by the ad. It says, "Everyone that signs up to support Vancouver's next great landmark will receive priority rights for all first year events." The web site offers a chance for winning trips for people who sign up to support the stadium.

How has the Downtown Eastside been treated?

Media coverage of the stadium launch was full of poor bashing. Iain Macintyre of the *Sun* wrote, "As for impact, some pigeons and rats will be made homeless ... and the panhandlers on Water Street should be able to grow their businesses."

Bob Mackin of the *Courier* said of the Downtown Eastsiders who attended the launch and spoke out about the impact on the neighbourhood, "Their hearts are in the right place, but their brains weren't."

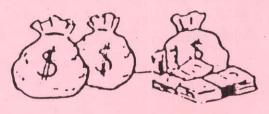
And a news article by Dan Stinson in the Sun included 24 paragraphs about the stadium but didn't mention any opposition until the second to last paragraph.

What concerns do Downtown Eastsiders have about the stadium?

So far some of the concerns of Downtown Eastside residents include:

- •What will happen to Downtown
 Eastside pedestrians if thousands more
 cars are driving through the
 neighbourhood?
- •Will the stadium block views of local residents and put a shadow on CRAB park?
- •What will the impact be on CRAB park. Will it be able to handle increased usage? Will low income users be pushed out?
- •Will stadium users drink more in the neighbourhood and disrespect local residents who are homeless, addicted, or mentally ill? Will more residents get beat up?

- •Will the noise from the stadium (it's an open air stadium) impact local residents?
- •Will the stadium impact the cost of housing and rents?
- Will possible jobs be good and lasting?
- •Will low income residents be able to use the stadium?
- •Will local business catering to stadium users put on more pressure to push out local residents and their services and to limit panhandling?



What happened at City Council?

On October 20th 19 speakers were on the list at City Council to speak on the city's plan to study the impact of the stadium. Speakers in favour of the stadium were from the Whitecaps, BC Soccer Association, Bladerunners, The Downtown Vancouver Business Association, Tourism Vancouver and Steamworks Pub. Peter Ladner, an NPA member of council also spoke in favour of the stadium, saying the Whitecaps should be treated like a "donor" of a public amenity.

The other groups were mostly from the Downtown Eastside. They mostly wanted the Planning Department to study the impact of the stadium on the Downtown Eastside. Tim Louis, a COPE member of council, put forward all the additions that the Carnegie Community Action Project wanted and they were adopted.

Jon Stovell of the Gastown Business
Improvement Association astounded
some of the other speakers when he
revealed to Council that the Whitecaps
had also bought the land between the
proposed stadium and CRAB park. This
conjures up a vision of a wall of highrise condos between the community and
the waterfront. Stovell expressed
concern about the impact of the stadium
on views, a connection with the

waterfront, and the historic nature of the area.

Muggs Sigurgeirson of the Carnegie Community Centre Association told council that the process so far, "stinks." She said the Whitecaps company was dividing the Downtown Eastside community by consulting with groups they thought would support the stadium and not others. She noted that the sports media were trashing people who opposed the project. "We're supposed to act like we like being ignored or having it said that we're just rats and pigeons." She said we needed a debate "in a rational way."

Stephanie Smith of DERA said she lived in the Lori Krill building on Cordova and had a view that might be "obliterated by the stadium." She supported the CCAP recommendations to study the impact on local residents. Kim Kerr of DERA challenged the Whitecaps corporation to provide money for a contest for people who didn't support the stadium, with the prize being a place to live. "I agree with Muggs," he said. "Poor bashing by the media in support of the proponents is disgusting."

(Continued on next page)

What happened at City Hall?

(Continued from previous page)

Ian Armitage, represented the condo residents at 345 Water St., saying they were concerned about noise, traffic, the shadow of the stadium, and light pollution."

Chris Slater of the Anti-Poverty
Committee said the stadium would be of
no benefit to local residents. "We don't
want more people coming into the area
and looking down their noses at us," he
said.

Ann Livingston, a local resident with the Vancouver Area Network of Drug Users, said that facilities like stadiums are dead zones for residents. She said we needed a Columbia St. overpass to CRAB park, a pool, a neighbourhood house, bathrooms, and even soccer for Downtown Eastside kids. The stadium should go over a freeway, not a waterfront, she said.

All councilors voted for the study with the amendments suggested by the Carnegie Community Action Project. But the two mayoral candidates, Jim Green of Vision, and Sam Sullivan of the NPA, didn't say a word.

What's next?

The City Planning Department should be holding consultations with the Downtown Eastside community, including a public meeting at Carnegie, in the next few months. By the end of April, the Planning Department should have a recommendation for City Council about the stadium. A lot will depend on who is on the next City Council. Will they be developer-friendly, or Downtown Eastside friendly?

How can you get involved?

First of all, be sure to vote in the city election on November 19th. The next City Council will decide on whether or not to go ahead with the stadium.

Second, get involved in the community consultation. Contact the CCAP office at Carnegie (second floor) or call Jean at 604 729-2380 to find out when these will happen. None have been scheduled yet.

is a project of the Carnegie Community Centre Association.

CCAP focuses on issues that affect our Downtown Eastside neighbourhood: housing, gentrification, homelessness, drug policy, and poverty. You can reach CCAP by phone at 604-729-2380, by email at ccap@downtowneastside.ca, or just come to the CCAP office on the second floor of the Carnegie Centre on most Monday, Wednesday and Friday mornings. CCAP's co-ordinator is Jean Swanson.



A Workshop Presentation and Roots of Addiction Forum Friday Nov. 4, 8 pm and Saturday Nov. 5, 2 pm Pay as you can

Everyone is welcome to a preview showing of the first few scenes from *The Shadows Project* followed by a forum exploring the roots of addiction. The creators of this project are looking for feedback from the community to help them create a strong, truthful play.

The Writers: Rosemary Georgeson, James Fagan Tait and Savannah Walling with Sheila Baxter, Wendy Chew, Paul Decarie, Mary Duffy, Melissa Eror, Patrick Foley, Leith Harris, Stephen Lytton and Muriel Williams

The Actors: Sue Blue, Roger Brouillette, Bruce Congola, Luke Day, Paul Decarie, Sophia Freigang, Corrina Gurney, Montana Hunter, Luka, Bradford Keewatincappo, Maria Isabel Krause, Dian Le Claire, Victoria Marie, Mike McNeeley, Joan Morelli, Eroca Morin, Elizabeth Morin, Theresa Myles, Naomi Narvey, Sheralyn Paulhus, Tom Quirk, Priscillia Tait

The Musicians: Rick McCallion, Jenna Newman, Joelysa Pankanea, Jim Sands The Crew: Jean Paul Bouchard, Patrick Foley, Jason L. Harris, Sandra Pronteau, Lou Vodnak

The Artistic Team: director James Fagan Tait, composer Joelysa Pankanea, designer Tamara Unroe, lighting designer John Popkin and stage manager Dorothy Jenkins (most of them worked on *The Downtown Eastside Community Play*)

EXCERPT FROM THE SHADOWS PROJECT

Poem by Leith Harris

Please remember our friends,

Who are no longer with us Rich and poor who have died In the Downtown Eastside

Their spirits live within us And keep the circle strong At least we can care and grieve At least we know these deaths are wrong

Think before you judge Before you look down your nose in disgust Before you turn away in shame Before you make it into a joke

Do you know what happened to that person Will your response help the situation Do you ever need to escape? How do you figure into the addiction equation?

Could you be part of the problem? What is your solution?

We're in this together We wanna get out What will it take to escape?

If only reality could be more appealing If only normality were a better feeling

Sarti Walk - October 4, 2005

I'd like to thank Bob and Rika for my maiden voyage in the Carnegie van to Carnosun Bog and other points. At the Bog, Bob pointed out a carnivorous plant, Sundew. As we walked along the boardwalk, I was struck by how cool, moist and clean the air was. It felt so good to be in the woods amid plant life which gives us oxygen.

From the Bog, we drove to Southlands, the only part of Vancouver still zoned as an agricultural (read equestrian) area. As we headed toward a spot for lunch on the Fraser, we saw a woman walking what appeared to be a pony. She was very friendly and told us the animal was actually a mature miniature horse. I think we were all amazed by it.

After lunch, we stopped briefly at the Fraser Arms Hotel. This area was the main village site of the Musqueam people 2.000 years ago.

. On our way back to Vancouver, Bob asked, "Does anyone want to see Glen Clark's deck?" Laughing and interested I said, "Are you serious? Of course!." Bob consulted his map and Rica guided the van toward the East Vancouver subdivision originally built for WW II veterans. Then we saw the small deck which caused the rancourous downfall of Clark's government.

For me, it was the highlight of the journey, probably because it was a surprise. Yay - Bob, Rika, and Carnegie. Tracy Teeple

Dancing Your Edge

Carnegie's gym, Nov.13, 2-4pm Relax, move, flow, enjoy!

THE ROOTS OF ADDICTION FORUM

The half hour preview of the shadow play is followed by a forum that will look at the big picture of society's epidemic of addiction (drugs, work, consumerism....). Sharon Kravitz, who is hosting the forum, will be joined guests including retired SFU psychology professor Bruce Alexander (author of Roots of Addiction in a Free Market Society) and Donald Macpherson.

A Heart of the City Festival Event Produced by Vancouver Moving Theatre with the Carnegie Centre

Mr. Bruce Eriksen Our Main Man:

Bruce Eriksen was against poverty barons and their dereliction; against slumlords and their flophouses; He would fight for corrections.

He went after the press and their cameras, showing them their biased coverage-'skid road' impressions; Bruce had no time for sad city hall and its small-minded beancounters and unfeeling apologists; They'd try almost anything to shut our Bruce down.

... and yet he'd always come shining and they'd look like clowns.

Residents, Downtown Eastsiders, were classified as nobodies, a "blight" on their town,

Again Bruce fought, often leading our battles and standing firm;

Powers-that-be struck him with profane words – 'sticks and stones'

Bruce'd shout right back and they'd shake as if he'd rattled their brittle, uncaring bones;

Bruce showed incredible resilience, bouncing back time after time, when and if push came to shove.

And now he'll never really be gone, nor forgotten He remains in our memories and deep in our hearts His ideals and example guide many—thankful and grateful are we

Look up for solid determination and there Mr. Bruce Eriksen will be.

Robyn Livingstone



Heat of the City Festival Opening

On Wednesday, October 26 at 2pm the 2nd Annual Festival opened with a big bang -the good vibrations flowed swimmingly as the afternoon progressed. It was co-hosted by the effervescent Terry Hunter, executive of the humongously successful *I*st Annual Heart of the City Festival in 2004, and happy-golucky Peter Fairchild, who's been a member of the Carnegie Association's Board of Directors just about forever, who made introductions of special guests.

First was City Councillor Ellen Woodsworth (who is running for re-election by the way!) in lieu of Mayor Larry Campbell who couldn't make it (for a good reason (I'm sure)). Ellen said some very kind and generous words to the capacity crowd with people, camera crews, press, entertainers and performers crammed into every available nook and cranny of Carnegie's Theatre. The close quarters seemed to enhance the feelings of friendship, teamwork and achievement that were warming everyone. Thanks were given to the courtesy and generosity of the Coast Salish Nation, on whose land this event and the entire Festival was happening. After Ellen's praise, she was presented with a framed *Heart of the City* poster.

Next up was Phillip Owen, former mayor and patron of the documentary *Fix*. He finished giving an emotional and heartfelt talk and was presented with a collector's item from the *Heart of the City Community Play* in 2003. Peter quipped that he hoped he wouldn't see it up for auction on Ebay!

All of a sudden the entertainment began with a giant dragon dancing around the theatre, followed by Mr. Gassy Jack Dayton (Luke Dayland – playwright, journalist and Carnegie board member) and the beautiful and melodic Latin American music of Poco Locos (Alfredo Flores, Michael Guycochia, and another multi-talented friend). After a bellowing, bombastic and humourous statement by Gassy Jack, Bob Sarti said some words and stories about the almost legendary hero of the Downtown Eastside, Bruce Eriksen.

We were then treated to the performance of the national award-winning Metis dancer, Yvonne Chartrand. Her marathon was enchanting and mesmerizing – you didn't want it to ever end. She, along with champion fiddler Art Burn and amazing guitarist Shirley Rodgers (who both provided the musical accompaniment for Yvonne) were given a sustained round of applause from the audience. This was perfect as the finale for the Festival's launch.

Terry Hunter said a few words in closing, listed some of the upcoming events, and invited all to stay as Carnegie staff served lunch and refreshments to everyone. This was also just right, with Carnegie serving as a beacon and oasis, thanking all for their contributions, whether big or small.

By Robyn Livingstone

News from the Library

New Books for November:

It may be winter, but that's no reason to stay cooped up imside! *Easy Hiking around Vancouver* by Jean Cousins (971 COU) has lots of great hikes, and many of them are accessible by bus. Try the Capilano Canyon walk, the Lower Seymour Conservation reserve, or the Old Lillooet Trail.

The Truth About the Drug Companies: How They Deceive Us and What to Do About It by Marcia Angell (338.4 ANG) is an eye-opening look at the pharmaceutical industry. Written for a U.S. audience, it's still a fascinating look at how the health sector is controlled not by doctors, or researchers, or health educators, but by big business drug companies.

Historical Atlas of Vancouver & the Fraser Valley by Derek Hayes (911 HAY). This is a wonderful reference book with beautiful illustrations of maps and drawings of the Vancouver region from the late eighteenth century onwards. Maps include a plan to dam the Second Narrows and create a canal connecting Port Moody to the Pitt River, and another plan to extend Richmond westwards into the Strait of Georgia. It also includes plans for Vancouver in the event of a nuclear attack and maps of the planned freeway that would have sliced right through the Downtown Eastside.

In Under the Bridge: The True Story of the Murder of Reena Virk (364.15 GOD), Rebecca Godfrey looks in detail at one of the most notorious murder cases in BC in recent years. Godfrey spent six years researching the Reena Virk case, interviewing parents, prosecutors and the youths involved to create this meticulous, gripping account.

Beth, your librarian





Seeing Stars

Look up, look out, away beyond the azure skies Don't set limits; far into the horizon you truly aspire Who cares about what others may say, You and you alone have your special desires – you'll finally make up your own mind.

On that we can really agree. Doubters' opinions always swing this or that way Do not pay attention to their warnings or worries Please cast off what they say,

When push comes to shove being positive and upbeat will always and ever win the day.

Your choices are quite simple and straight forward You can tell as it should be.

Through the darkened and the lightened ..

As you pass through the gray
Illumination is not too hard to see
Light up the dormant flames like a flickering star
that play with your mind and let's set it free
True revelations will then transpire, again belonging
to you solely – only to what you decree –
Seeing stars in your heart and your eyes can be easy
Oh do please let me know when you're finally feeling the heat of your glowing inner warmth

This will all transpire so get up and go! You will then walk your own path, live and breathe with glee;

it's such a large part of existing as you gaze merrily When you are in some odd gloomy haze Struck by downers and misbegotten times, I suggest to you lovingly that you recall This simple and soothing, positive rhyme.

Robyn Livingstone

Supporting Emotional Wellness

A Twelve Week drop-in Support Group for People Living with Emotional Difficulties.

If you need help with any of the following.

Depression, lack of energy, emotional numbness

- . Anxiety.
- . Unstable mood.
- . Strong emotions such as anger or fear.
- . Any of the above plus substance abuse.

At the Lifeskills Centre 412 E. Cordova. Starts Thursday October 27th, 10.15am-12.00 pm For More Information please call

Andrew: 604-216-4253 or Benita: 604-642-5809



The Whipping Post

Discipline, whether it be self discipline or otherwise imposed, seems to be the key to recovery of addiction for me. Bear with me, and hear me *not* whine about the "what ifs", "because"s, "nobody cares"...

To place blame on my poor childhood upbringing, past abuses or neglect -in my opinion- is forever unproductive, and I must take responsibility of my behavior now and in the future. Moving on from blame to forgiveness (the solution), is the step that I seem to miss or stumble over, time and time again. Sharing our experience, strength, and hope is essential and beneficial to recovery, enhancing betterment to one's health and wellness, -but how do the scars heal if we continue to open the wounds?







Most victims of illness, trauma, or tragedy (whether it be inherent, accidental or a result of abuse) have orhad dysfunctional issues that need to be dealt with.

I have faced and discarded most of my emotional baggage, other than two dominant characteristics of discipline and responsibility, or the lack thereof. The reason I have neither is the direct consequence of feeling alone and unaccountable.

Living in today is important for me, as it is for anyone that goes with the flow, and sings to the tune of "one day at a time". Life is short, and before we know it we are dead.

Why is it that many people in recovery continually involve themselves in remorseful storytelling? What purpose does this serve in the long term? I have justified that sharing our tragic and emotional stories of the past is for the newcomer and our own recovery, now believing that is only important at the beginning. When I continue to bring old hurts to the forefront, I am missing out on total freedom of guilt and shame. I believe that myself, and others that never shut the door on the past are still searching for forgiveness. For the old timer, how productive is it to re-live the horror stories? I wonder what Bill Wilson and Doctor Bob would have said about this if they were alive.

Some of my acquaintances who were consumers of mental health services (survivors), and addicts who were close to me have passed away, and were unable to let go of the "stuff", or emotional baggage that brought them to recovery in the first place. Some died sober, some did not.

When I pass away, I do not wish to be remembered for my drug raving at the podium, or my drunk-alogues at meetings, especially a day or week prior to my fatal heart attack.

Forgiveness is my stairway to freedom that releases me from the bondage of self. I shall forgive (and accept forgiveness from) myself, others, and unfortunate circumstance. I shall open the door to a new future. I shall do what I can today that will affect positive outcomes tomorrow.

By Brian Slater



The Corporation - an overview

This article is about the movie, *The Corporation*, directed by Mark Achbar and Jennifer Abbott, based on the book of the same name by Joel Bakan. Even though the movie is about two hours and twenty minutes long, the book contains much more detail, so I would recommend that if you are only looking for a synopsis of the ideas expressed, see the movie: it's less expensive to rent, and still a worthwhile experience.

During the opening of the movie, talking about the spectacular scandals and crimes engineered by corporations during the past decade, many opening scenes flicker by with the refrain, "a few bad apples" quoted over and over again by many sources. It'd seem that rampant corruption at the upper levels of corporations can't be explained away by "a few bad apples."

Says one person, "You might say they're [corporations] monsters trying to devour as much profit as possible at anyone's expense."

Corporations were originally a group of people chartered by the state to provide certain services. They couldn't own other corporations.

The American Civil War and the Industrial Revolution promoted enormous growth of corporations.

The 14th Amendment of the American Constitution was written to protect freed slaves. Corporate lawyers went before the Supreme Court and successfully argued that corporations should be likewise protected. Corporations became "persons" before the law.

Left-leaning filmmaker Michael Moore: "I believe the mistake a lot of people make is that corporations are like us. They only believe in the bottom line."

If the corporations is a "person" before the law, what type of person is it, asks the movie.

Case histories are examined:

<u>Harm to workers</u>: layoffs, union busting, factory fires, sweatshops (and accompanying child labour)

- 1. Callous unconcern for the feelings of others
- 2. Incapacity to maintain enduring relationships

Michael Walker, former head of the right-wing think tank, The Fraser Institute: thinks if you're a person in a third world country and all you have to offer is your cheap labour. Nike, etc., are regarded as godsends. ... Corporations soon find that they can't do anything in that country anymore because the wages are too high now. This means the people are no longer desperate, they're all plump and healthy and wealthy. Time to move on to the next country and employ them and raise their level up.

(I was sitting in a theatre at the Vancouver International Film Festival where I first saw this film, and when Walker said this, someone in the audience yelled, "F*** off, Walker!" It occurred to me that besides being exploitive, callous, and so on, this was the epitome of unsustainable economic growth.)

Harm to human health: dangerous products, toxic waste, pollution, synthetic chemicals

3. Reckless disregard for the safety of others Harm to animals: habitat destruction, factory farming, experimentation, Bovine Growth Hormone

Monsanto repeatedly lied to all sorts of regulatory organizations about the adverse effects of bovine growth hormone. A study showed it caused unnecessary pain, suffering, and distress in cows. Its purpose is to increase the production of milk, a commodity we already have too much of. It can cause mastitis-inflammation of the udder-which often results in pus being present in the milk.

(Monsanto was also the maker of "Agent Orange," a defoliant used during the Vietnam War, and shown to cause cancer and birth defects by those coming in contact with it. American veterans successfully sued Monsanto, and received an out-of-court settlement for \$80 million, but Monsanto never acknowledged guilt in the matter.

4. Deceitfulness: repeated lying, conning for profit

Incapacity to experience guilt Harm to biosphere: clearcuts, carbon dioxide emissions, nuclear waste, corporate paradigm

6. Failure to conform to social norms with respect to lawful behaviours.

Dr. Robert Hare, an FBI consultant on psychopathology and a UBC researcher, says the above six characteristics show the corporation as a person to be a psychopath.

(But he even went farther than that: last year, research he did indicated that functioning psychopaths (i.e., those that don't commit violent crimes or similarly violate societal norms) make good corporate leaders. (Westender, Sept. 29-Oct. 5, 2005, p.45)) This leads to the obvious question: If the dominant institution of our time has the characterization of psychopath, who has responsibility for its actions?

The former CEO of Goodyear says it is "the con-

sequence of modern capitalism."

Michael Moore: "Most of these companies are run by rich, White guys. They're out of touch. People of other colours are the majority, women are the majority, the poor are the majority of this planet."

The corporate paradigm has become so pervasive, people are identifying with them as if they're suffering from the Stockholm Syndrome. Says one of two university-age people who sold their lives (i.e., personal endorsements) to a corporation in return for monetary gain: "I have a lot of faith in the corporate world because it's always going to be there - so you might as well have faith in it."

States the movie, "Transnational corporations have a long and dark history of condoning tyrannical governments. Is it narcissism that compels them to seek their reflection in fascist regimes?" (For example, collusion between corporations (such as IBM) and the Nazis.)

The movie concludes, corporations can be defeated by worldwide coalitions of people, as done by the people of India in saying any law preventing saving of seeds is not a law worth following, or by the people of Bolivia successfully fighting against privatization of water.

(Aside: I bought the book, The Corporation, by Joel Bakan, and The Collapse of Globalism by John Ralston Saul, and A Short History of Progress by Ronald Wright at People's Co-op Bookstore at 1391 Commercial Drive.)

By ROLF AUER



WestEnder (Letter to the Editor):

Regarding Lorne Mayencourt and his latest selfaggrandizing project, he should be feeling pretty sorry these days, he has a lot to account for. His socalled safe streets act has in effect given a green light (or a red flag actually) to the police who use it to justify their tactics of intimidation, harassment, and assault as they please.

Perhaps some police are sorry about some of the damage that they do, say, when someone they have apprehended dies on them, or when they accidentally kill someone. Generally, they evade responsibility, and rather than keep the peace, they promote a state of antagonism.

I'm a 58 year old woman who was beaten by a gang of police who were annoyed that I had stopped to protest their treatment of a woman in their custody. Already in handcuffs, she was screaming in pain as her arms were twisted and pinched. It looked like they were trying to force her to the ground by punching her with their knees. I'm not sure that an apology would be sufficient for what she went through, nor for what I endured over the next 13 hours in their jail.

This kind of excessive behavior is not justifiable, nor is it uncommon. Restitution, not apologies, are in order. To think that the police get paid for this! And that Mr. Mayencourt has managed to worm his way back into office is a very sorry thing indeed.



M.D.A.

SHELTERS

Men & Women

Anchor of Hope - 134 E. Cordova, Vancouver. 604-646-6899 11:00 p.m. to 7:00 a.m. Mats. Soup/bun. Wheelchair accessible.

Belkin House - 555 Homer, Vancouver. 604-681-3405

Registration at 4:00 p.m., , out at 7:30 a.m. Dorms, 3 meals.

Crosswalk - 108 W. Hastings, Vancouver. 604-669-4349

Open 11:30 p.m. Mats. Coffee/snacks. Wheelchair accessible.

First Baptist Church - 969 Burrard Street, Vancouver. 604-683-8441

Tuesday nights only. Meal at 9:00 p.m. Shelter priority for under 19.

Lookout - 346 Alexander, Vancouver. 604-681-9126

24 hours, 3 meals. Wheelchair accessible. Pets welcome. Referrals.

Out of the Cold (seasonal) -1803 E. 1st, Vancouver. 604-255-1411

Thursday nights only. Dinner and registration at 8:00 p.m.

Tenth Avenue Church -11 W 10th Avenue, Vancouver. 604876-2181

Monday nights only. Open 7 p.m., meal at 7:30pm. 25 mats.

Triage - 707 PowelJ, Vancouver. 604-254-3700

24 hours, 3 meals. Wheelchair accessible. Pets welcome.

Yukon Shelter - 2088 Yukon Street (at 5th), Vancouver. 604-264-1680

24 hours, 3 meals. Wheelchair accessible. Pets welcome. Referrals

Youth

Aboriginal Safe House. 604-254-5147

16-18 years, 72 hours clean/sober, no alcohol/drugs. Hot meals.

Covenant House - 575 Drake, Vancouver. 604-685-7474

16-22 years. No alcohol/drugS 12 hours prior. Curfew. Highly structured.

Dusk to Dawn - 1056 Comox Street, Vancouver. 604-688-0399

No sleeping. 21 years and under. Open 7:00 p.m. Sun - Thurs. Laundry.

Men

The Beacon (seasonal) -138 E. Cordova, Vancouver. (phone # TBA)

Catholic Charities Men's Hostel - 828 Cambie, Vancouver. 604-443-3292 Open at 4:00 p.m., vacate by 7:30 a.m. Food voucher. No wheelchair access

The Haven -128 East Cordova, Vancouver. day 646-6800, night 646-6806

Beds. Hot breakfast, out during day.

Union Gospel Mission - 616 East Cordova, Vancouver. 604-253-3323

Mats and beds. Alcohol/drug free.

Women I Families

Bridge Emergency Shelter - Downtown East Side. 604-684-3542

Single women; up to 30 days stay. 24 hours, 3 meals. Harm reduction.

New Beginnings - Vancouver. 604-694-6623

Single women and women with kids (no boys over 13). 24 hours, 3 meals.

Powell Place - Vancouver. 604-606-0403

Single women and lesbian couples. 24 hours, (Not a transition house.)

St. Elizabeth's Place - Mount Pleasant. 604-606-0412

Female-headed families, single women, and same sex couples. Low barrier. 24 hours, 3 meals, laundry. Wheelchair accessible. (Not a transition house.)



FREE PHONES November '05

Carnegie Centre, 401 Main, 665-2220; 9am-10pm Available to members (\$1/yr) when volunteer is on

DERA, 12 E. Hastings, 682-0931 9am 12 / 1 -4pm Mon-Fri

DEYAS, 49 W. Cordova, 251-3310 9am - 5pm, Mon-Sat.

Evelyn Saller Centre, 320 Alexander 665-3075 worker/work only

First United Church, 320 E. Hastings St., 681-8365 8:30am - 4pm Mon-Thurs; 8:30am-12noon Friday

Gathering Place, 665-2391, 609 Helmcken, 10am-8pm, Mon-Fri

Health Contact Centre. 166 E. Hastings, 658-1224 door in alley between Carnegie and Roosevelt Hotel, 12:30pm to 6am daily

Lifeskills Centre, 412 E, Cordova, 678-8279 10am-4pm Mon-Fri Long distance permitted within rules.

Lookout, 348 Alexander, 681 -9126, 2-4:30 & 6:30-8pm, Mon-Fri

Womens Centre, 302 E. Columbia (women only) 681-8480, 10am-5pm Mon/Tue/Thur/Fri, 11am 5pm Wed 12-5pm Sat/Sun

Youth Action Centre. (13 to 21 yrs) 41 W. Cordova, 602-9747 8:30am-4:30pm Monday to Saturday

CFRO 102.7 FM WHAT'S UP !?!

Orientations

Come on down to Co-op Radio and find out how to become part of the people's station. Information sessions are held on the third Tuesday of every month at 6pm. No registration required.

Tuesday, November 15; Tuesday, December 20

Wishlist

Do you have stuff that we could use? If you can donate any of the following items please contact us at technician@coopradio.org or 684-8494 ext, 228.

? Outreach materials (t-shirts, stickers, magnets, hats, buttons, bookmarks)

? Office supplies (paper, labels, tape, postage)

? Photocopying

? Flat plastic CD sleeves

? RAM for PCs

? Headphones

? Microphones

? XLR cables and connectors

? Toilet paper and paper towels

? Garbage bags and liquid soap

? Indoor plants

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Co-op Radio Out & Proud!

Thanks to everyone who helped make Co-op Radio¹s participation in Pride 2005 a gay old time. Special thanks to the Carnival Band (pictured on the Coop float), Co-operative Auto Network, Dinosaurs

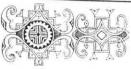


against Fossil Fuels, Long & McQuade, the Poi People, and Fruit Salad host Skyy Powers, whose tireless efforts brought us all together.

Annual General Meeting

All Co-op Radio members are invited to attend this year¹s Annual General Meeting: Sunday, November 27, Registration at 1pm Roundhouse Community Arts and Recreation Centre, Room B 181 Roundhouse Mews, Vancouver You must be a Co-op Radio member to vote!

TURN ON YOUR RADIO!!!



Since **flu season** is just around the corner I thought that I would pass this on .. **Eat right!**

*Make sure you get your daily dose of fruits and veggies.

*Take your vitamins and bump up your vitamin C.

*Get plenty of exercise because exercise helps build our immune system.

*Walk for at least an hour a day, go for a swim, take the stairs instead of the elevator, etc.

*Wash your hands often. If you can't wash them, keep a bottle of antibacterial stuff around.

*Get lots of fresh air. Open doors and windows whenever possible.

*Try to eliminate as much stress from your life as you can.

*Get plenty of rest,. or take the doctor's approach. Think about it... When you go for a shot, what do they do first? They clean your arm with alcohol... Why? Because Alcohol KILLS GERMS.

I walk to the liquor store. (exercise)
I put lime in my Corona...(fruit)
Celery in my Bloody Mary (veggies)
Drink outdoors on the bar patio..(fresh air)
Tell jokes, laugh....(eliminate stress)

Then pass out. (rest)

The way I see it... If you keep your alcohol levels up, flu germs can't get you!

My grandmother always said, "A shot in the glass is better than one in the ass!"

Live Well - Laugh Often - Love Much
... you should still get your flu shot;)

Margaret

Stadium Demolition and conversion

You're Invited

to an

Election forum on Downtown Eastside Issues

Time: November 14th from 1:30 to 3:00 pm Place: Carnegie Theatre, 401 Main St.

These candidates will be invited:

- One representative of each major party (COPE, NPA, Vision, Green)
- Council and Mayoral candidates who live in the Downtown Eastside

Bring your ears and your questions!

Voter information. Drop in before the forum (12:30 to 1:15) to get voter and election information. A city representative will be in the Theatre to answer your questions about voting.

Sponsored by the Carnegle Community Centre Association

Harm reduction

Stadium

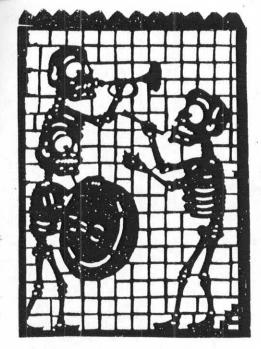
Policino

contributors and not of the Association

CARNEGIE COMMINITY CENTRE ASSOCIATION

Deadline Inu

Thursday, November 10



The Day I Beat Death

I face Death in a game of chess, Eternity's on the line I scratched my chin and looked over at him and said, "Your boney ass is mine!" He said, "We'll see!" and took my Queen then gave me a spiteful glare. I said, "Listen my fiend, you do that again and I'll beat you with this chair." I hesitated and contemplated, I had something to prove, The next piece he took was my Rook and then I made my move. I sucker-punched and, in a hunch, he fell over on a cloud, I made a fist and beat that bitch, man, was he screamin' loud! He grabbed his grasscutter and began to mutter something about my soul, I jerseyed him and kneed him in the chin and told him "I don't fuckin' think so!" I thought, oh well, I'm going to Hell, I beat Death with all my girth, I looked down at the Reaper and snatched his femur and ran my ass back to Earth.

Albert Mackle

DAY OF THE DEAD

Latin Americans celebrate *Dia de Los Muertos* with pageantry, music, love and humour. They visit graveyards to offer the departed candles, food, alcohol and cigarettes. They throw a party and invite the dead to join them for a few hours before returning to "the other side". It's a time to make fun of the living and how seriously we take ourselves. We're the ones who are suffering, while the dead "rest in peace".

Wednesday Nov.2 is All Souls' Day, and the second day of the Latin American celebration for the dead. We will meet at 5:30 at the corner of Gore and Cordova to parade through the DTES with candles and songs to honour the lives lost on these streets. We invite everyone to come masked or costumed, and to bring musical instruments, noisemakers, flowers and photographs.

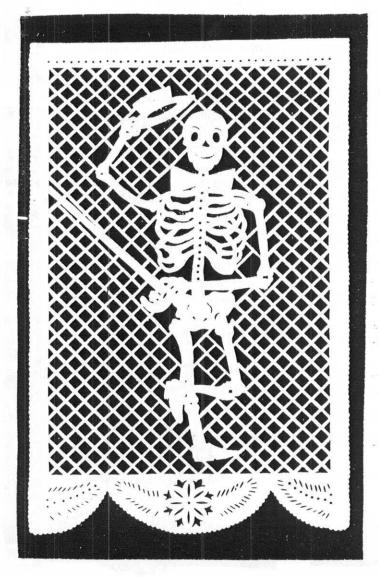
St. James Anglican Church, the oldest church in Vancouver, will hold a Mass for the Dead, with the choir and soloists, at 6:30.

From 7:30 –9:30 we'll celebrate in the church hall (entrance on Gore Street) with *piñatas*, traditional food, and performances by Isabel Ramirez, Alfredo Flores and his band, marimba music and *capoeira* dancers. The event is free and open to everyone, but donations are appreciated to offset the costs.



DAY OF THE DEAD DIA DE LOS MUERTOS

November 2



5:30 Meet at Gore and Cordova for a procession to the Oppenheimer Park totem pole & memorial bench, then along Hastings Street

6:30 Mass for the Dead, St. James Anglican Church corner of Gore and Cordova

> 7:30 – 9:30 Celebration in Church hall Free, donations appreciated